



North Carolina Diabetes Advisory Council

Date of Meeting: (MM/DD/YYYY)	December 4, 2015	Time:	9:30-1:15pm.
Minutes Prepared by:	Health Systems Unit Team	Location:	Cardinal Room at 5605 Six Forks Road, Raleigh, NC
Attendance at Meeting:	DAC Members & Liaisons Present: Ronny Bell, Lisa Davis, Laura Edwards, Yvonne Garton, Austin Grainger, Gayle Harris, Karla Kiriako, Julie Kirk, Beth Lovette, Monique Mackey, Chris Memering, Jerry Munden, Jan Nicollerat, Julie Paul, Amy Quesinberry, Susan Spratt, Joanne Stevens, Joyce Swetlick, Sheree Vodicka		
Invited Guests and Staff Present: Melanie Batchelor, Daniel Baum, Rachel Berthiaume, Maggi Birdsell, Katherine Combs, Lisa Davis, Sharon Davis, Laura Edwards, Lauren Foster, Kathryn Keogh, Mary Bea Kolbe, Lee Lillard, Shelia McClaughlin, Jeana Partington, Sarah Overholt, Mark Payne, Lori Price, Jennifer Stallings, Cathy Thomas, Justin Thomas, Sarah Overholt, April Reese, Sharon Rhyne, Stephanie Smith, Cathy Thomas, Amy Ward, Nancy Winterbauer, Joyce Wood, Larry Wu			

Meeting Highlights

Topics and Points of Discussion	Carry-over Item?
<p>1. Welcome, introductions, Approval of Minutes</p> <ul style="list-style-type: none"> • Ronny Bell, Diabetes Advisory Council (DAC) Chair, welcomed everyone, congratulated DAC member, Shaylah Nunn on the 8/21 birth of her twins, Asher and Bolden; called the meeting to order, acknowledged Sanofi for providing morning refreshments and asked everyone present to introduce themselves. Several new members were in attendance, including: Laura Edwards of NC Population Health Improvement Partners, Austin Grainger of the YMCA of Western NC, Monique Mackey of AHEC, Joanne Stevens of Stevens Lobby and Consulting, Inc. and Sheree Vodicka of the NC Alliance of Y's. • April Reese announced that new DAC member, Angie Wester had been involved in an accident while on her way to the meeting. She is ok but will miss the meeting. • The meeting highlights from June 12, 2015 were approved as submitted. The meeting highlights, and handouts will be posted to the Diabetesnc.com website. • Sally Herndon, Manager of the Tobacco Prevention and Control Branch presented information about the Federal Housing and Urban Development (HUD) proposal to prohibit smoking in public housing. The Diabetes Advisory Council agreed to support the proposal and submit comments to HUD by the January 19, 2016 deadline. April will share the documents with all DAC members as some organizations may also want to make comments. 	<p>No</p> <p>No</p> <p>No</p> <p>Yes, April sent out the documents on 12/10 and posted DAC comments on 1/19</p>



North Carolina Diabetes Advisory Council

Topics and Points of Discussion	Carry-over Item?
<p>2. Approval of 2016 Proposed Dates</p> <p>Jan Nicollerat, Vice Chair of the DAC, presented the 2016 proposed meeting dates, which were approved by the DAC membership. The 2016 approved dates are:</p> <ul style="list-style-type: none"> • February 5 • June 3 • October 7 <p>The February and June meetings will be held in the Cardinal Room on the Six Forks Campus in Raleigh from 9:30-12:30. The address for the Cardinal Room is 5605 Six Forks Road, Raleigh 27609. The conference line has also been reserved for these meetings.</p> <p>The October meeting will be held at the JC Raulston Arboretum affiliated with North Carolina State University. The address is 4415 Beryl Road, Raleigh 27606</p>	No
<p>3. Diabetes Self Management Education and Support</p> <p>DAC member, Chris Memering with Carolina East Medical Center shared information about the value of Diabetes Self Management Education and Support from the American Association of Diabetes Educators Conference in August 2015. Chris, who was recently elected to the AADE Board, shared the results from a recent Agency for Healthcare Research and Quality study that demonstrates the effectiveness of DSME on A1c reduction. AADE and ADA recognize the value of DSME and are using the study to promote participation. DAC members agreed that it would be good to promote recognized DSMES and staff are working on ways to do that. A large barrier is that persons who receive DSMES are not always sure if it is recognized.</p>	No
<p>4. Selected strategies to address diabetes management and gap analysis</p> <p>Kathrin Kucharski from Sanofi US shared a presentation about barriers to ideal diabetes outcomes for both the patient and provider. While there was no specific outcome related to the presentation, it was an opportunity to share resources that are available around patient engagement, health literacy and provider quality improvement activities.</p>	No



North Carolina Diabetes Advisory Council

Topics and Points of Discussion	Carry-over Item?
<p>5. Programmatic Announcements</p> <p>April shared the following programmatic updates:</p> <ul style="list-style-type: none"> • The NC Diabetes Education Recognition Program had its annual meeting in November and the name has now changed to NC DiabetesSmart. A new design element will accompany the name change and will be shared as soon as it is available. There were also some metric changes that will be summarized by Mary Bea Kolbe and available to DAC members upon request • The NC Diabetes Prevention Program is also updating its design element and will be shared when available. • NC State University, the Community and Clinical Connections for Prevention and Health Branch and the NC Academy of Family Physicians, Inc. are sponsoring a session with Michelle Segar who wrote the book, <i>No Sweat</i>, an innovative approach to behavior change. She will be in North Carolina on April 14 from 1-4 p.m. at the Embassy Suites in Cary. The registration fee is \$10. Visit www.eatsmartmovemorenc.com for more information • North Carolina will offer a statewide Diabetes Prevention Program on-line beginning early 2016. Potential participants will be able to register for both on-line and on-site Diabetes Prevention Programs via one website. We will notify DAC members once the registration website is live. 	No
<p>6. Overview of the NC Diabetes Prevention and Management Guide</p> <p>Ronny Bell and Jan Nicollerat shared the new Diabetes Prevention and Management Guide that features eight core behaviors to help individuals prevent and manage diabetes, and strategies that communities, employers and healthcare providers can implement to create environments and policies that prevent and control diabetes. The behaviors and strategies are sorted into three categories: primary prevention, prevention for people at high risk and prevention of complications. The guide can be accessed at www.diabetesnc.com. Following the meeting, the guide was officially launched with an opening by DAC Chair, Ronny Bell, a diabetes 101 presentation by DAC member, Dr. Susan Spratt, a call to action for state employees by State Health Director, Dr. Randall Williams, a personal story by Basketball Hall of Fame member, David Thompson and a wrap up by DAC staff liaison, April Reese. Pictures of the launch can be found at www.diabetesnc.com.</p>	

**Next Meeting February 5, 2016 9:30-12:30 —Cardinal Room at 5505 Six Forks Road,
NC Division of Public Health**