Social Media Posts and Tweets for Diabetes Alert Day 2019



Tuesday, March 26 is Diabetes Alert Day. Get checked for diabetes or prediabetes.
[#DiabetesAlertDay](https://www.diabetesnc.com/diabetes-prevention/for-you/)



Diabetes is the 7th leading cause of death in North Carolina. Get checked.
[#DiabetesAlertDay](https://www.diabetesnc.com/diabetes-prevention/for-you/)



 Take the Diabetes Risk Test on [#DiabetesAlertDay](https://www.diabetesnc.com/diabetes-prevention/for-you/)



Learn how physical activity can reduce your risk of type 2 diabetes. [#DiabetesAlertDay](https://www.diabetesnc.com/diabetes-prevention/for-you/)



Prediabetes puts you at risk for heart disease and stroke. Decrease your risk. [#DiabetesAlertDay](https://www.diabetesnc.com/diabetes-prevention/for-you/)