

#### **North Carolina Diabetes Advisory Council**

# **Meeting Updates**

Postponed Date: Friday, February 21<sup>st</sup>, 2020



### Agenda

- Results of the NC DAC Member Survey
- Update of 2019 Diabetes Guide Evaluation Measures
- 2020 Guide to Diabetes Prevention and Management Writing Team Update

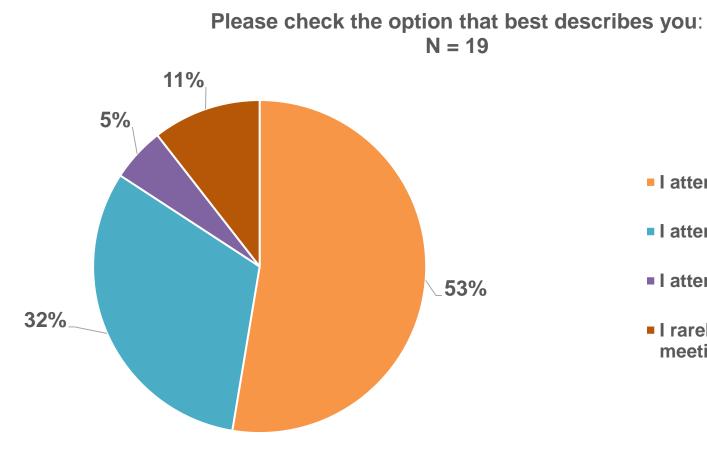


#### **2019 NC DAC Member Survey Results**

## Ronny Bell, DAC Chair Jan Nicollerat, DAC Vice Chair



#### **DAC Survey Results**

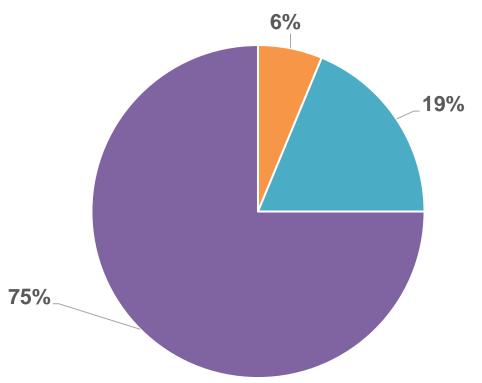


- I attend all or nearly all DAC meetings
- I attend most (about 75%) DAC meetings
- I attend about half of DAC meetings
- I rarely or infrequently attend DAC meetings



#### **DAC Survey Results**

Is your organization involved in a diabetes prevention or management program? N = 16



- Involved only in a diabetes prevention program
- Involved only in a diabetes management program
- Involved in both diabetes prevention and diabetes management programs



1. Relevant diabetes partners across the state are involved in the DAC

- 89% agreed or strongly agreed
- 11% neutral
- 0% disagreed or strongly disagreed



2. The purpose of the DAC reflects my concern about diabetes prevention and control

- 100% agreed or strongly agreed
- 0% neutral
- 0% disagreed or strongly disagreed



3. There is a set of operating rules and norms about how members should work together

- 88% agreed or strongly agreed
- 11% neutral
- 0% disagreed or strongly disagreed



4. There is a method for communicating the activities and decisions to all members

- 94% agreed or strongly agreed
- 6% neutral
- 0% disagreed or strongly disagreed



#### Leadership

5. The DAC leadership is committed to the purpose of the DAC

- 100% agreed or strongly agreed
- 0% neutral
- 0% disagreed or strongly disagreed



#### Leadership

6. The DAC leadership communicates clearly with members

- 95% agreed or strongly agreed
- 6% neutral
- 0% disagreed or strongly disagreed



#### Leadership

# 7. The DAC leadership involves DAC members in decision making

- 94% agreed or strongly agreed
- 6% neutral
- 0% disagreed or strongly disagreed



8. DAC members have a variety of relevant resources and skills to offer

- 100% agreed or strongly agreed
- 0% neutral
- 0% disagreed or strongly disagreed



9. Responsibilities of members are clearly defined

- 83% agreed or strongly agreed
- 12% neutral
- 6% disagreed or strongly disagreed



10. DAC members are committed to the purpose of the DAC

- 94% agreed or strongly agreed
- 6% neutral
- 0% disagreed or strongly disagreed



11. There is a strong sense of shared purpose among DAC members

- 95% agreed or strongly agreed
- 6% neutral
- 0% disagreed or strongly disagreed



12. DAC members are inspired to be action-oriented

- 94% agreed or strongly agreed
- 6% neutral
- 0% disagreed or strongly disagreed



13. I feel I can openly express my opinions with the DAC leadership and other members of the DAC

- 95% agreed or strongly agreed
- 0% neutral
- 6% disagreed or strongly disagreed



14. The DAC meetings have a clear agenda

- 100% agreed or strongly agreed
- 0% neutral
- 0% disagreed or strongly disagreed



15. Most DAC meetings are productive

- 88% agreed or strongly agreed
- 6% neutral
- 6% disagreed or strongly disagreed



16. The time and effort of the collaboration is focused on obtaining the goals

- 83% agreed or strongly agreed
- 0% neutral
- 0% disagreed or strongly disagreed



17. NC's Guide to Diabetes Prevention and Management is regularly referred to reference goals

- 94% agreed or strongly agreed
- 0% neutral
- 0% disagreed or strongly disagreed



18. It is worth my time to be involved in DAC meetings and/or activities

- 100% agreed or strongly agreed
- 0% neutral
- 0% disagreed or strongly disagreed



19. The accomplishments of the DAC in reducing the burden of diabetes through coordination can be clearly identified

- 95% agreed or strongly agreed
- 0% neutral
- 0% disagreed or strongly disagreed



20. DAC demonstrates a commitment to addressing health equity

- 94% agreed or strongly agreed
- 6% neutral
- 0% disagreed or strongly disagreed



21. DAC disseminates health equity messages to members

- 95% agreed or strongly agreed
- 6% neutral
- 0% disagreed or strongly disagreed



22. DAC engages representatives of diverse communities in our state to address health equity

- 94% agreed or strongly agreed
- 6% neutral
- 0% disagreed or strongly disagreed



23. Health equity is integrated into DAC's mission/ policy

- 95% agreed or strongly agreed
- 6% neutral
- 0% disagreed or strongly disagreed



### 2019 Diabetes Guide Evaluation Measures



North Carolina Diabetes Advisory Council (DAC) Progress Indicators							
Progress Measure	Data Source	Baseline 2015	2016	2017	2018	2019	Target 2020
Primary Prevention of Diabetes							
Decrease the percentage of adults who are current smokers.	BRFSS	19.0%	17.9%	17.2%	17.4%		
Decrease the percentage of high school students reporting current use of any tobacco product.	NC YTS	27.5%	-	28.8%	-		
Decrease the percentage of people exposed to secondhand smoke in the workplace in the past seven days.	BRFSS	8.3%	7.70%	9.2%	9.6%		
Increase the percentage of high school students who are neither overweight nor obese.	YRBS	67.7%	-	69.1%	-		
Increase the percentage of adults getting the recommended amount of physical activity.	BRFSS	48.1%	-	48.3%	-		
Increase the percentage of adults who consume five or more servings of fruits or vegetables or beans per day.	BRFSS	13.0%	-	17.9%	-		
Increase the number of legislatives/regulatory policies that support diabetes primary prevention strategies by 2020.	Public Information	0	1	1	1	1	



North Carolina Diabetes Advisory Council (DAC) Progress Indicators							
Progress Measure	Data Source	Baseline 2015	2016	2017	2018	2019	Target 2020
Diabetes Prevention for Those at High Risk							
Increase the number of people who know that they have prediabetes from 782,000 to 967,000 by 2020.	BRFSS; SCHS	782,000	-	996,000	978,039		967,000
Increase the number of people in North Carolina who enroll in a diabetes prevention program that is recognized by the CDC from 763 (in October 2015) to 5000 by 2020.	CDC DPRP Report	763	2,246	5,109	5,689	11,951	5,000
Increase the number of North Carolina counties where people at high risk of developing diabetes can access at least one diabetes prevention program that is recognized by the CDC from 23 to 100 by 2020.	CDC DPRP Report	23	29	47	48	49	100
Increase the number of public employees and retirees who have diabetes prevention program recognized by the CDC as a covered benefit from zero to 680,000 by 2020.	NC State Health Plan benefits	0	575,002	0	0	0	680,000
Increase the number of legislatives/regulatory policies that support diabetes prevention strategies from zero to two by 2020.	Public Information	0	2	1	2	2	2



North Carolina Diabetes Advisory Council (DAC) Progress Indicators							
Progress Measure	Data Source	Baseline 2015	2016	2017	2018	2019	Target 2020
Diabetes Management and Prevention of Complications							
Increase the number of people in North Carolina with type 2 diabetes who have taken a diabetes class from 460,000 to 533,000.	BRFSS, SCHS	460,000	-	469,000	-		533,000
Increase the number of people in North Carolina with type 2 diabetes who enroll in a recognized Diabetes Self Management Program from 27,500 to 50,000 by 2020.	CDC Report	27,500	43,813	43,553	37,072		50,000
Decrease the number of diabetes related emergency room visits where diabetes as any listed cause of visit by 10 percent, from 358,000 ER visit to 320,000 ER visits by 2020.	NC Detect	358,312	384,735	446,187	470,966	453,067	320,000
Increase the number of legislatives/regulatory policies that support diabetes management strategies.	Public Information	1	1	1	1	1	



## 2020 Guide to Diabetes Prevention and Management Writing Team Update

Jan Nicollerat, Writing Team Co-Chair Joe Konen, Writing Team Co-Chair



### DAC Guide Writing Team

- Jan Nicollerat, Co-Chair
- Joe Konen, Co-Chair
- Ronny Bell
- Laura Edwards
- Kristie Hicks
- Chris Memering
- Joanne Rinker
- Carolyn Crump, UNC Healthy Solutions
- Robert Letourneau, UNC Healthy Solutions







#### NC's Guide to Diabetes Prevention and Management 2020 - 2025: Updates

- The writing team members are: Jan Nicollerat and Joe Konen (Co-Chairs), Ronny Bell, Laura Edwards, Kristie Hicks, Chris Memering, and Joanne Rinker
- UNC Healthy Solutions team members Carolyn Crump and Robert Letourneau provide facilitation and consultation assistance in this process
- The writing team will review the 2015-2020 Guide to identify updates/additions, identify sections of the Guide to lead revision process, and revise or develop new content for the Guide
- There will be a secondary writing team consisting of content experts in diabetes from our membership, stakeholders, community, CCCPH, health providers, etc. who will serve as reviewers and consultants to the Writing team. All DAC members will have opportunities to engage, comment, and participate in the process at our meetings in 2020.



#### Writing Team Member Responsibilities

- Attend a series of meetings (one in-person and check-in conference call) to collaborate on decisions about revision of Guide.
- Review 2015-2020 Guide to identify updates/additions. Review list of considerations for updating the Guide. Identify sections of the Guide to lead revision process.
- Revise/write updates or develop new content for the Guide. Obtain assistance as needed from subject-matter experts.
- Collect and incorporate feedback on a draft revised Guide from identified volunteer 'internal reviewers' (i.e., DAC members or other identified stakeholders).

**Activity Timeline** 

- <u>February to March 2020</u>: Writing team members write/edit various sections of the Guide. Team members send to Chair/UNC for consolidating.
- <u>February 21, 2020 DAC Meeting</u>: Writing Team co-chairs provide update on progress to DAC. DAC members are asked to volunteer to assist with identifying prior Guide success stories.
- <u>April to May 2020</u>: UNC Team facilitates planning calls with Writing Team. Writing team sends sections to select reviewers and makes revisions.



### Considerations

Align with Current Standards	Diabetes Prevention	Diabetes Care and Management
Payors	Population Health	DSMES
Overlap with other plans: Obesity, Heart Disease	Data Incidence/Prevalence Morbidity/Mortality Costs	Health Equity Social Determinants of Health
Advocacy	Outcome Metrics	Expand What can my Community, Employer, Organization do?



#### Integration

Align content in the Guide so that the recommended actions lead to objectives (or the overall goals) the Guide promotes. Clearly state what different stakeholders can do to address diabetes in NC.

Social Determinants of Health Health Equity Payors: Private, Medicare, Medicaid, Value based care

What does DM Look like in NC?

Role of Community Health Workers and Faith Based Programs DAC Community Partners Stakeholders

**Success Stories** 



## DAC Member and Stakeholder Engagement Process

□ Reviewing draft Guide developed by the Writing Team

Content experts, stakeholders, external reviewers

- Developing testimonials and success stories about how people have used the Guide in the past, to be included in the Guide itself and provided via the online Guide resources.
- Developing an 'outreach plan' to widely disseminate the Guide via presentations and website (e.g., as part of October 2020 DAC meeting)
- Executing the dissemination plan once the revised Guide is released (late 2020 into 2021).



#### **Projected Timeline**

- <u>June 2020 DAC Meeting</u>: Writing Team co-chairs provide update on progress to DAC; UNC Team facilitates process to identify success stories (i.e., examples of sector implementation and/or use of the prior Guide).
- <u>Late June July 2020</u>: Writing team submits draft Guide to graphic designer. Writing team reviews draft design and prepares Guide for distribution to DAC members for feedback.
- <u>Aug September 2020</u>: DAC members and other stakeholders provide input on draft Guide. Writing Team incorporates feedback from DAC members.
- <u>October 2020</u>: Final graphic design and revisions completed and sent to print. Create series of PDF files able to be downloaded from website.
- <u>November 13, 2020 DAC Meeting</u>: UNC Team facilitates an activity to develop Dissemination Plan for the revised Guide. This includes plans for the type of information that should be included on the DAC website.
- <u>February TBD, 2021</u>: DAC members begin implementation of dissemination plan





#### **North Carolina Diabetes Advisory Council**

Next Meeting: June 5, 2020 Location: TBD

