

# 2020 Guide Writing Team Update



## Introducing: North Carolina's Guide to Diabetes Prevention and Management of 2020



# NC's Guide to Diabetes Prevention and Management 2020 - 2025: Updates

- The writing team members are: Jan Nicollerat and Joe Konen (Co-Chairs), Ronny Bell, Laura Edwards, Kristie Hicks, Chris Memering, and Joanne Rinker
- UNC Healthy Solutions team members Carolyn Crump and Robert Letourneau provide facilitation and consultation assistance in this process
- There were secondary contributors consisting of content experts in diabetes from our membership, stakeholders, community, CCCHP, health providers, etc. who served as reviewers and consultants to the Writing team.

# Projected Timeline

- **July - August 2020**:: Writing team submits draft Guide to graphic designer. Writing team reviews draft design and prepares Guide for distribution to DAC members for feedback.
- **September 2020**: Sent to printer
- **November 13, 2020 DAC Meeting**: **Diabetes 2020 Guide unveiled for DAC members.**
- Discussion begins regarding dissemination plan with members
- **January 2021**: Continued development of Dissemination Plan for the revised Guide. This includes plans for the type of information that should be included on the DAC website. Create series of PDF files able to be downloaded from website.
- **February TBD, 2021**: DAC members begin implementation of dissemination plan



# DAC member and Stakeholder Engagement Process



**Draft Guide developed by the Writing Team, reviewed by content experts, external reviewers, and Writing Team**



**Develop testimonials and success stories about how people have used the Guide in the past, to be shared via the online Guide resources.**



**Developing an 'outreach plan' to widely disseminate the Guide via presentations, distribution and website**



**Execute the dissemination plan once the revised Guide is released (late 2020 into 2021).**



# What is new about the 2020 Guide?

- **Emphasize integrated links and call outs, & QR codes, and (web) links** to additional information, other resources
- **Use of more text boxes, graphs, charts-** colorful ways to share information and keep the reader's interest
- **Encourage members to share testimonials and success stories about how people have used the Guide in the past,** to be included on the DAC website via the online Guide resources

# Content Additions and Updates

- Expanded the Social Determinants of Health
- Language of Diabetes
- Integrated and updated all prediabetes and DPP
- Updated diabetes diagnoses and test metrics
- Updated all statistics re: diabetes and prediabetes
- All nutrition and DSMES updates
- Emphasis on referral to DPP & DSMES
- Enhanced preventing complications

- What Does Prediabetes and Diabetes Look Like and Cost in North Carolina?
- More emphasis on what Communities, Employers, Schools, Payers, HCP can do
- Integration of health policy
- Metrics for evaluation
- Population health
- Immunizations incorporated
- Reflects the 2020 ADA Standards of Care



# North Carolina's Guide to Diabetes Prevention and Management

# 2020

 **DAC**  
North Carolina Diabetes Advisory Council

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- 3- What is DM
- 4 -5– Socioeconomical impact, prevalence, disparities
- 6 Preventing or Delaying onset of DM
- 8-10 Diabetes Primary Prevention & Nutrition
- 11- APPS and Resources
- 12-13 – More Diabetes Primary Prevention
- 14 Prevention for those at high risk, other conditions associated with diabetes
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- 18- 19- Diagnosis of DM
- 20-24 DM and preventing complications- begins DSMES
- 24-25 Language of DM
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- 29-33- What can the Community Do
- 34-39- What can HCP and Insurers Do
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# Next Steps: DAC member and Stakeholder Engagement Process



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Thank You  
All!