



**North Carolina Diabetes Advisory Council**

<b>Date of Meeting:</b>	02/03/23	<b>Time:</b>	9:30 am - 12:30 pm
<b>Minutes Prepared by:</b>	Kristie Hicks	<b>Location:</b>	In-Person Meeting at The McKimmon Center for Extension and Continuing Education Virtual Meeting via WebEx
<b>Attendance at Meeting:</b>	<p><b>Attendees Present In-Person:</b>  <b>Members:</b>            Joanne Rinker (Co-Chair), Chris Memering (Co-Chair), Monique Mackey</p> <p><b>Stakeholders &amp; Guests:</b>            Diana Laursen, Corissa Payton, Anna Bess Brown, Tammy Palumbo, Tish Singletary, Erick Holgun, Heather Bradley, Emmanuelle Quenum</p>		
<p><b>Attendees Present Online:</b>  <b>Members and Liaisons:</b>            Gideon Adams, Amy Johnson, Carmen Samuel-Hodge, Caroline Blackwell Young, Ciara Ruske, Jan Nicollerat, Joe Konen, John Buse, Joyce Swetlick, Laura Richardson, Leonor Corsino, Natasha Vos, Susan Spratt, Susie Houston, Vandana Devalapalli</p> <p><b>Stakeholders and Guests:</b>            Angie Watson, Belen Rogers, Carey O'Reilly, Cindy Stevenson, Claudia Giraldo, Cynthia Liverman-Vinson, De'Vette Thomas, Deanie Eldridge, Franklin Walker, Ijeoma Uwakwe, Jennifer Brown, Katie-Rose Crater, Kim Barnette, Kimberly McDonald, L'Tanya Gilchrist, Lynn Boyd, Meg Sargent, Melissa, Papadopolous, Monica Billger, Stacey Burgin, Terri Moore, Travis Battle, William Pertet</p>			

**Meeting Minutes**

**Topics and Points of Discussion**

**1. Welcome and Approval of October 28, 2022 Meeting Minutes**

- Chris Memering, North Carolina Diabetes Advisory Council (NC DAC) Co-Chair, welcomed all participants and called for approval of the October 28, 2022 meeting minutes. A summary of the meeting presentations has been posted at <https://www.diabetesnc.com/diabetes-advisory-council/>

**2. Results of the 2022 NC DAC Member Survey**

- DAC Co-chair, Joanne Rinker presented the results of the 2022 DAC annual survey. This survey is now shared with all DAC voting members, stakeholders and invited guests during the fall DAC meeting and the results of the survey are presented during the first DAC meeting of the calendar year.



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### 3. Diabetes Care and Education: *Thinking Outside of the Box*

- Tammy Palumbo is the Chronic Illness Patient Education Manager for Kintegra Health, a Federally Qualified Health Care Center in Western North Carolina. Tammy's skillset is extensive going beyond offering diabetes education /care, assisting with insulin/medications management, initiating and managing continuous glucose monitoring to meet the needs of the patients.
- Kintegra Health has a free endocrinology clinic that has expanded services by using a chronic care model.
- Works closely with CaroMont Community Program, whose healthcare providers refer discharged patients with a diagnosis of Diabetes Mellitus and a self-pay patients. Tammy's goal is to lower patients' Aa1c to 8 or less within 12 months.
- The Kintegra Health team provides chronic illness patient education to 17 clinics covering 10 counties in North Carolina.

### 4. Announcements

- The annual DAC Awards & Scholarship nominations will open on June 1, 2023 and will close on July 31, 2023. Please prepare to share these opportunities with your colleagues and students and consider nominating diabetes professionals for one of the three awards: John Bowdish Community Award, Myrna Miller Employer Award, Healthcare Provider Award.
- 2023 DAC Meeting Dates  
May 5, 2023 – Hybrid Meeting  
Friday, October 20, 2023 – In Person Meeting, McKimmon Center (DAC Awards Ceremony)
- Call for DAC Member nominations: We are looking for new DAC members to appoint (representatives of the organizations listed in the bylaws) and stakeholders to invite to the DAC. Those who have recommendations should email [DAC@diabetesnc.com](mailto:DAC@diabetesnc.com) with the individual(s) name, organization and email address. If the individual is being recommended as a voting member please speak seek permission first so that we can confirm that the individual would be willing to commit to the appointment.
- The 2020 NC Guide to Diabetes Prevention & Management webinar with Area L AHEC is still available at [diabetesnc.com/diabetes-advisory-council](http://diabetesnc.com/diabetes-advisory-council). Professionals can complete this self-paced course and receive CEUs through May 2, 2023.
- Kathy Dowd shared an announcement from an audiologist doing a research project on hearing loss in the diabetes population. She is currently looking for participants for an online research project aiming to determine the daily hearing limitations in the diabetic population. Recruitment is still ongoing so please share the participant call to your patients, students, and/or contacts. Especially if you know people with a diabetes diagnosis, that will help a lot. The survey is available in French, Spanish, and in English. Email Nhi Nguyen, [xuan.nhi.ngygen@umontreal.ca](mailto:xuan.nhi.ngygen@umontreal.ca).



## North Carolina Diabetes Advisory Council

- Workgroup signups are now open. Please use the new online survey to select your desired workgroup(s). <https://www.surveymonkey.com/r/B35VHY5>

**Abstract Development Workgroup** *The purpose of this workgroup is to develop a standard presentation including talking points and handouts for any NC DAC representatives who are interested in submitting abstracts to state, national or international meetings or conferences.*

**Membership Workgroup** *The purpose of this workgroup is to develop a standardized process for identifying and engaging a diverse group of diabetes professionals to join the NC DAC as either stakeholders or voting members.*

*Activities may include 1) Developing a member survey to send to multi-disciplinary networks or organizations, 2) Assist the NC DAC leadership team in increasing awareness of the Council to individuals and organizations that are involved in diabetes care, education and advocacy.*

*This group would also identify gaps in our membership against the list of member representatives desired and then reach out to those orgs to request representation.*

**Interest Survey Workgroup** *The purpose of this workgroup is to develop an interest survey for current NC DAC voting members and stakeholders to identify professionals who desire to 1) Continue to serve as voting members, 2) Move from serving as stakeholders to voting members, 3) Increase involvement in the NC DAC by leading or participating in new workgroups, or 4) Present on current or future diabetes work during upcoming NC DAC meetings or other state or national professional meetings*

### 5. Diabetes Self-Management Education and Support (DSMES) Update

- Corissa Payton, DSMES Quality Coordinator at the North Carolina Division of Public Health presented the statewide DSMES update.
- For more information about DSMES programs or DiabetesSmart, contact Corissa Payton, [Corissa.patyon@dhhs.nc.gov](mailto:Corissa.patyon@dhhs.nc.gov) and visit [diabetesmanagementnc.com](http://diabetesmanagementnc.com).

### 6. Diabetes Prevention Program (DPP) Update

- Kristie Hicks, Diabetes Prevention Program Coordinator at the North Carolina Division of Public Health, presented the statewide DPP Update.
- The DPP Navigator referral service is a part of the DiabetesFreeNC initiative. DPP referral information and toolkits for health care providers are available at <https://www.diabetesfreenc.com/resources/for-health-professionals/>
- For more information about DPP or the DPP Navigator Referral Service, contact Kristie Hicks, [Kristie.hicks@dhhs.nc.gov](mailto:Kristie.hicks@dhhs.nc.gov) and visit [diabetesfreenc.com](http://diabetesfreenc.com).

### 7. Adjournment

- If you attended this meeting or reviewed the meeting highlights and would like to be added to the DAC listserv as a stakeholder, please email [DAC@diabetesnc.com](mailto:DAC@diabetesnc.com).



**North Carolina Diabetes Advisory Council**

**Next Meeting: Friday, May 5, 2023**

**9:30am – 12:30pm EST**

**[diabetesnc.com/diabetes-advisory-council/](https://diabetesnc.com/diabetes-advisory-council/)**

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