



North Carolina Diabetes Advisory Council

Date of Meeting:	2/19/21	Time:	9:30 am - 12:30 pm
Minutes Prepared by:	Kristie Hicks	Location:	Virtual Meeting via GoToMeeting
Attendance at Meeting:	<p>DAC Members & Liaisons Present: Laura Edwards, Chris Memering, Gideon Adams, Battle Betts, Caroline Blackwell Young, John Buse, Leonor Corsino, Kathy Dowd, Martha Draughn, Susie Houston, Karla Kiriako, Joe Konen, Monique Mackey, Nicolle Miller, Jan Nicollerat, Julie Paul, Sharon Pearce, Carmen Samuel-Hodge, Susan Spratt, Joyce Swetlick, Sheree Vodicka, Linda Wooley, Lawrence Wu</p>		
<p>Invited Guests and Staff Present: Temana Aguilar, Sarah Bales, Kim Barnette, Travis Battle, Giselle Blair, Heather Bradley, Jennifer Brown, Casey Collins, Kat Combs, Erielle Cooper, Tina Craven, Jonas Dusenberry, Audrey Edmisten, William Ferro, Glenn Field, Tim Gribble, Shannon Haffey, Felisa Hammonds, Kristie Hicks, Christopher Holliday, Renee Hollis, Amy Johnson, Susan Kansagra, Essete Kebede, Rosalynne Lopez, Alicia McDaniel, Elizabeth Massiah, Beth McDermott, Evelyn Metz, Carey O'Reilly, Corissa Payton, Jaime Pearce, William Pertet, Kevin Piezer, Emmanuelle Quenum, Elizabeth Shook, Kelly Sill, Tish Singletary, Cindy Stevenson, Jenell Stewart, Miranda Taylor, DeVette Thomas, Camille Turner, Natasha Vos, Franklin Walker</p>			

Meeting Highlights

Topics and Points of Discussion

1. Welcome and Approval of November 13, 2020 Meeting Minutes

- Laura Edwards, North Carolina Diabetes Advisory Council (NC DAC) Chair, welcomed all participants and called for approval of the November 13, 2020 meeting minutes.
- Two DAC members were introduced during the meeting:
Dr. Vandana Devalapalli, Blue Cross Blue Shield of North Carolina
Jan Nicollerat, Past Vice-Chair of the NC DAC
- A summary of the meeting presentations has been posted at <https://www.diabetesnc.com/diabetes-advisory-council/>
- A virtual launch event for North Carolina's Guide to Diabetes Prevention and Management is scheduled for March 23rd (Diabetes Alert Day). All partner organizations and stakeholders are invited to attend and will be added to the dissemination plan for this new guide.

2. Results of the NC DAC Member Survey

- Chris Memering, NC DAC Vice Chair, presented the results of the 2020 DAC member survey.
- During the last meeting of each year, the DAC releases a council member survey which is used to evaluate member satisfaction and areas of improvement for the DAC. The results of this survey are shared during the first meeting of the year.

3. 2020-2025 USDA Dietary Guidelines

- Joanne Rinker, Director of Practice and Content Development at ADCES, presented the 2020-2025 USDA Dietary Guidelines.



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- These guidelines serve as evidence to create content for federal nutrition education materials. There is a strong emphasis on healthy eating patterns at every stage of life.

4. NC Diabetes Registry Demonstration

- Jonas Dusenberry, team member with NC HealthConnex, presented an overview of the NC Diabetes Registry and live demonstration.
- NC HealthConnex connects health care providers to safely and securely share health information through a trusted network to improve health care quality and outcomes for North Carolina.
- Over 6,000 health care organizations are submitting live data to NC HealthConnex and 5,000 health care facilities are in the onboarding phase.

5. 2021 ADA Standards of Medical Care in Diabetes

- Laura Edwards, NC DAC Chair, presented the 2021 ADA Standards of Medical Care in Diabetes.
- These new standards include additional information on social determinants of health in diabetes and a section on cost-related medication nonadherence.
- Visit the ADA website for the full standards.
<https://professional.diabetes.org/content-page/practice-guidelines-resources>

6. Diabetes Self-Management Education and Support (DSMES) Update

- Corissa Payton, DSMES Quality Coordinator at the North Carolina Division of Public Health presented the statewide DSMES update.
- DSMES Programs have experienced the following effects of COVID-19: variety of responses to PHE, a decrease in referrals and participant engagement, an increase in telehealth options, and a shift of staff to testing and vaccine responsibilities.
- For more information about DSMES programs or DiabetesSmart, contact Corissa Payton, Corissa.patyon@dhhs.nc.gov and visit diabetesmanagementnc.com

7. Diabetes Prevention Program (DPP) Update

- Kristie Hicks, Diabetes Prevention Program Coordinator at the North Carolina Division of Public Health, presented the statewide DPP Update
- The CDC and AMA set a national DPP enrollment goal of 2M individuals through 2021. We aim to enroll 45K new participants in North Carolina. Enrollments typically come from the following three categories: Physician referrals, employer referrals and community based or self-referrals.
- The DPP Navigator referral service is a part of the DiabetesFreeNC initiative. DPP referral information and toolkits for health care providers are available at <https://www.diabetesfreenc.com/resources/for-health-professionals/>

8. Announcements

- If you attended this meeting or reviewed the meeting highlights and would like to be added to the DAC listserv as a stakeholder, please email Kristie Hicks at kristie.hicks@dhhs.nc.gov.

**Next Meeting: Friday, June 4, 2021
9:30am – 12:30pm EST**



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diabetesnc.com/diabetes-advisory-council/

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