

# **NORTH CAROLINA DIABETES ADVISORY COUNCIL**

## **2019 SURVEY DISCUSSION FOLLOW-UP**

# 2019 DAC Survey Facts

# of DAC members who took the survey = 23

Survey divided into 5 parts: Structure, Leadership, Process, Members and Health Equity

In reviewing discussion from survey results presented at February 8, 2019 meeting,

- *We focused on those items with < 95% agree*
- *If an item was > 90% agree, but no disagrees, even with neutrals, we highlighted them in purple- as important to convert the neutrals to agree going forward*
- *Items less than 95% agree or with any disagrees, were highlighted in blue*

See next slide:

# DAC Survey Review with Responses

## Structure

- 1. Relevant diabetes partners across the state are involved in the DAC (100%A)
- 2. The purpose of the DAC reflects my concern about diabetes prevention and control (96%A/4N/0D)
- 3. There is a set of operating rules and norms about how members should work together (65%A/30N/4D)
- 4. There is a method for communicating the activities and decisions to all members (83%/13N/4D)

## Leadership

- 5. The DAC leadership is committed to the purpose\* of the DAC (96%)
- 6. The DAC leadership communicates clearly with members (91%A/4N/4D)
- 7. The DAC leadership involves DAC members in decision making (87%A/9N/4D)
- 8. DAC members have a variety of relevant resources and skills to offer ( 100%A)

# DAC Survey Review with Responses

## Members

- 8. DAC members have a variety of relevant resources and skills to offer (100%)
- 9. Responsibilities of members are clearly defined (65%A/22N/13D)
- 10. DAC members are committed to the purpose of the DAC (100%)
- 11. There is a strong sense of shared purpose among DAC members (87%A/9N/4D)
- 12. DAC members are inspired to be action-oriented (78%A/22N/0D)
- 13. I feel I can openly express my opinions with the DAC leadership and other members of the DAC ( 96%/4N)

## Process/Results

- 14. The DAC leadership is committed to the purpose\* of the DAC (96%)
- 15. The DAC leadership communicates clearly with members (91%A/4N/4D))
- 16. The DAC leadership involves DAC members in decision making (87%A/9N/4D)
- 17. DAC members have a variety of relevant resources and skills to offer ( 100%)



## Process/Results

18. It is worth my time to be involved in DAC meetings and/or activities

(91%A/9N/0D)

19. The accomplishments of the DAC in reducing the burden of diabetes through coordination can be clearly identified

(73% A/23N/5D)



## Health Equity

20. DAC demonstrates a commitment to addressing health equity ( 100%A)

21. DAC disseminates health equity messages to members (95%A/5N/0D)

22. DAC engages representatives of diverse communities in our state to address health equity (91%A/9N/0D)

23. Health equity is integrated into DAC's mission/ policy( 95%A/5N/0D)

# Action Items

The challenge for the DAC is how to keep people connected between meetings, without adding additional burden to members' workload.



Between meetings, members should go back and support DAC projects and/or initiatives.



Could there be a one-pager of members responsibilities?



Revision of DAC orientation manual



List outcomes on the agenda and have action items on the agenda to remind members what to do in between meetings.



Does the DAC want to weigh in on policies that they may be interested in, especially now during the long session?



Suggestion to have Gale Adcock, our legislative DAC member, come and present about what is going on with policies.

# Structure

3. There is a set of operating rules and norms about how members should work together (65%/A/30N/4D)

4. There is a method for communicating the activities and decisions to all members (83%/13N/4D)

## Action Items

- Diabetesnc.com – DAC website revised & updated per Kendrick & communications team. [www.diabetesnc.com](http://www.diabetesnc.com)
- Revised new member orientation guide which is now on the website under DAC as well as a copy will be distributed to all members.
  - *This includes enduring materials and resources pertinent to the Council's work as well as the prediabetes and diabetes fact sheets.*
- The DAC PowerPoint presentation has been updated and attached for all members to have easy access for use.
  - [NC Guide to Diabetes Prevention and Management PowerPoint Presentation](#)



## North Carolina Diabetes Advisory Council

### A Welcome Message from the NC DAC Leadership

Thank you for agreeing to serve on the NC Diabetes Advisory Council (NC DAC). We have a rich tradition of leading diabetes prevention and management activities in our state. You are joining a group of statewide stakeholders who have been active for approximately 30 years. The NC Diabetes Advisory Council New Member Orientation Checklist will give you a brief overview of prudent information as a NC DAC member.

Again, welcome.

Ronny Bell, NC DAC Chair

Jan Nicollerat, NC DAC Vice-Chair

### NC Diabetes Advisory Council New Member Orientation Checklist

- [NC Diabetes Advisory Council Overview](#)  
This includes the NC DAC mission, core responsibilities and meeting dates for the year.
- [NC Diabetes Advisory Council Bylaws](#)  
The bylaws, last approved in June 2015, provide governing guidance for the NC DAC.
- [NC Diabetes Advisory Council Member List](#)  
The member list includes name and affiliation for current members of the NC DAC.
- [Upcoming NC Diabetes Advisory Council Meetings](#)  
Click here for information about all NC DAC meetings. You will find the agenda, meeting highlights and PowerPoints from presenters.
- Follow the [North Carolina Diabetes Advisory Council](#) Facebook Page. This page is maintained by NC DAC Leadership.
- [AADE's Speaking the Language of Diabetes](#)  
This guidance document outlines recommendations for improving communication with people who have diabetes.
- [North Carolina's Guide to Diabetes Prevention and Management PowerPoint Presentation](#)  
This presentation provides an overview of the Guide and can be used by NC DAC members.
- [North Carolina's Guide to Diabetes Prevention and Management](#)  
This guide includes specific strategies for community groups, employers and health care providers to help people manage their risk for developing diabetes, gain and maintain control of diabetes, and reduce risks for diabetes-related complications.
- Find Diabetes [Prevention](#) Resources:
  - [For Individuals](#)
  - [For Health Professionals](#)
  - [For Employers](#)
  - [About the Diabetes Prevention Program](#)
- Find Diabetes [Management](#) Resources:
  - [For Individuals](#)
  - [For Health Professionals](#)
  - [About Diabetes Self-Management Education and Support \(DSMES\) Programs](#)
- Fact Sheets
  - [Prediabetes in North Carolina](#)
  - [Type 2 Diabetes in North Carolina](#)
  - [Gestational Diabetes](#)
  - [North Carolina American Indian Diabetes Disparities](#)

[Diabetesnc.com](http://Diabetesnc.com)

[Diabetesfreenc.com](http://Diabetesfreenc.com)



# Leadership, Communication, Process

6. The DAC leadership communicates clearly with members (91%A/4N/4D)

7. The DAC leadership involves DAC members in decision making (87%A/9N/4D)

14. The DAC meetings have a clear agenda (91%A/5N/5D)

16. The time and effort of the collaboration is focused on obtaining the goals (86%A/9N/5D)

17. NC's Guide to Diabetes Prevention and Management is regularly referred to reference goals (73%A/27N/0D)

19. The accomplishments of the DAC in reducing the burden of diabetes through coordination can be clearly identified (73%A/23N/5D)

## Action Items

- We hope that the changes to the website and Facebook pages and the new member orientation revisions will facilitate communication, enhance member engagement in decision making, & clarify agenda via postings
- Leadership is committed to highlighting the DAC goals as they relate to agenda items going forward. The Guide is regularly referenced to the outcome metrics yearly at the February meeting. It may not be feasible to offer this more frequently given the DAC meets only three times/year. However, again- on the agenda, as items relate to outcome metrics and goal attainment, this can be highlighted and emphasized.

# Action Items Continued

- *Leadership supports DAC members involvement in the decision making process. An example that illustrates this process is the DAC awards ad hoc committee who reviews the applications and is intricately involved in the selection process.*
- *This has been clear in the past with multiple committees and work groups whose efforts brought the guide to fruition.*
- *As we approach 2020, the DAC will once again be developing the new 5 year strategic plan with multiple ad hoc work in between DAC meetings .*

# Health Policy and Legislative update

- Discussion from the last meeting indicated a real interest in staying informed regarding health policy legislative issues.
- Action Items:
  - *We reached out to Representative Adcock who was not available for the November meeting. She has asked to step down from the council due to time constraints and conflicts.*
  - *Leadership has identified three legislators who are interested in health issues of North Carolinians and are in the process of reaching out to them.*

# Members

*11. There is a strong sense of shared purpose among DAC members (87% A/9N/4D)*

*12. DAC members are inspired to be action-oriented (78% A/22N/0D)*

– *Action Items:*

- From a leadership perspective, we all agree that DAC members have and demonstrate shared purpose by your commitment to reducing the burden of diabetes in NC.
- We challenge all of you to increase your attendance given the survey results that only 47% attended half of the meetings.
- Let's continue the dialogue at each meeting and in between as to how we can better serve you or how each DAC member can increase their engagement whether in dialogue, projects, presentations to the communities, workplace, etc.