

Introduction to the Diabetes Self-Management Education and Support (DSMES) Toolkit



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Objectives

- Explore the content of the Diabetes Self Management Education and Support (DSMES) Toolkit
- Identify common barriers to DSMES
- Use the DSMES toolkit to identify ways to address common barriers

Speaker Bio:

Laura Emerson Edwards, RN, MPA



Laura Edwards has worked in public/community health for over 20 years, and has extensive experience improving access to Diabetes Self-Management Education and Support (DSMES) services. She worked at the North Carolina (NC) Diabetes Prevention and Control Program, where she helped create the NC Diabetes Education Recognition Program (now known as DiabetesSmart). In addition, Laura served on the National Standards for Diabetes Self-Management Education Task Force for the 2012 DSMES standards. Laura worked with the University of North Carolina's Center for Health Promotion and Disease Prevention to develop a web-based DSMES toolkit for the Centers for Disease Control and Prevention.



A COMPREHENSIVE RESOURCE
FOR ACHIEVING
SUCCESS IN DIABETES
SELF-MANAGEMENT
EDUCATION AND SUPPORT

www.dsmes.org

BACKGROUND

- The goal of the project is to increase access to quality DSMES programs that meet the National Standards for Diabetes Self-Management Education and Support.
- This will be accomplished through:
 - Identifying tools and resources to educate 1815 grantees, public health and health care providers/professionals about DSMES and its importance for people diagnosed with diabetes
 - Compiling resources for DSMES program referrals, delivery, and sustainability/reimbursement
 - Articulating and promoting the financial business case for DSMES to payers and employers.

PURPOSE OF THE TOOLKIT

- Communicate the evidence supporting DSMES, including the clinical and economic benefits
- Help individuals understand the process for establishing a DSMES service that meets minimum standards and is eligible for reimbursement
- Provide resources and tools to facilitate becoming a recognized or accredited DSMES provider
- Describe common barriers to DSMES usage and referral, and provide tips for overcoming these barriers
- Provide resources and tools to facilitate sustainability of DSMES services

TOOLKIT AUDIENCES

- State health departments and their partners
- Diabetes Educators
- DSMES services providers
- Diabetes Councils/Coalitions
- Healthcare Providers
- Community Organizations and representatives

PROCESS

- The toolkit was tested with key stakeholders and adapted based on feedback:
 - 6 State Health Departments
 - North Carolina
 - California
 - Kentucky
 - Michigan
 - North Dakota
 - Tennessee
 - Local Health Department
 - Federally Qualified Health Center
 - Pharmacy
 - CDC: Pharmacist-CDE, Diabetes Educator, Project Officer, reviewed by Endocrinologist

Note: tested with a mix of ADA recognized/AADE accredited services

TOOLKIT CONTENT



DSMES

TOOLKIT

A Comprehensive Resource for Achieving
Success in Diabetes Self-Management
Education and Support

BACKGROUND, TERMINOLOGY AND BENEFITS

SERVICE STAFFING AND DELIVERY MODELS

NATIONAL STANDARDS FOR DSMES

BUILDING THE BUSINESS CASE FOR DSMES

ACCREDITATION AND RECOGNITION PROCESS

MARKETING AND PROMOTION

INCREASING REFERRALS AND OVERCOMING BARRIERS

REIMBURSEMENT AND SUSTAINABILITY

TOOLKIT CONTENT – REVIEW OF BACKGROUND, TERMINOLOGY, AND BENEFITS SECTION



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Questions?



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