

# Improving the Health of Americans through Prevention and Management of Diabetes and Heart Disease and Stroke

# Two CDC grants to address Prevention and Management of Diabetes, Heart Disease and Stroke

- Core (1815 grant)
- Innovative (1817 grant)

## Core (1815 Grant)

- **Guaranteed** for all 50 states and the District of Columbia
- Includes two categories
  - Category A includes diabetes management and type 2 diabetes prevention strategies
  - Category B includes CVD prevention and management strategies
- Work will begin September 30, 2018

# Core Category A

## Type 2 Diabetes Prevention and Diabetes Management

The following strategies were chosen by North Carolina:

### Type 2 Diabetes Prevention

- Assist health care organizations in implementing systems to identify people with prediabetes and refer them to CDC-recognized lifestyle change programs for type 2 diabetes prevention
- Collaborate with payers and relevant public and private sector organizations within the state to expand availability of the National DPP as a covered benefit for one or more of the following groups: Medicaid beneficiaries, state/public employees, employees of private sector organizations
- Implement strategies to increase enrollment in CDC-recognized lifestyle change programs

### Diabetes Management

- Improve access to and participation in ADA-recognized/AADE-accredited DSMES programs in underserved areas
- Increase engagement of pharmacists in the provision of medication management or DSMES for people living with diabetes

# Core Category B

## Cardiovascular Disease Prevention and Management

The following strategies were chosen by North Carolina:

- Promote the adoption and use of electronic health records and health information technology to improve provider outcomes and patient health outcomes related to identification of individuals with undiagnosed hypertension and management of adults with hypertension
- Promote the adoption of evidence-based quality measurement at the provider level to monitor healthcare disparities and implement activities to eliminate healthcare disparities
- Support engagement of non-physician-team members in hypertension and cholesterol management in clinical settings
- Promote the adoption of MTM between pharmacists and physicians for the purpose of managing high blood pressure and high blood cholesterol and for lifestyle modification
- Facilitate the use of self-measured blood pressure monitoring (SMBP) with clinical support among adults with hypertension

## Innovative (1817 grant)

- Will be awarded to **15** governmental entities with a population of at least 900,000 people
- North Carolina will focus on
  - Category A includes diabetes management and type 2 diabetes prevention strategies
- If awarded, work will begin September 30, 2018

# Opportunities for NC Diabetes Advisory Council Collaboration

- Continue serving as the Advisory Board for the DiabetesSmart program
- Help recruit sites for the DiabetesSmart program
- Continue recognizing community groups, employers and healthcare providers who implement diabetes prevention and management strategies from North Carolina's Guide to Diabetes Prevention and Management 2015-2020
- Promote the Gold Seal Program to identify recognized and accredited DSMES programs
- Help recruit employers to offer DPP as a covered benefit
- Promote DPP & DSMES site registration through TBD central online portal

# Questions & Wrap up