

# 2020 Guide Writing Team Update



# North Carolina's Guide to Diabetes Prevention and Management

## 2015-2020



North Carolina Diabetes Advisory Council



Manage weight | Live tobacco free | Participate in lifestyle change programs | Participate in diabetes education | Adhere to treatment plan | Get adequate sleep

# NC's Guide to Diabetes Prevention and Management 2020 - 2025: Updates

- The writing team members are: Jan Nicollerat and Joe Konen (Co-Chairs), Ronny Bell, Laura Edwards, Kristie Hicks, Chris Memering, and Joanne Rinker
- UNC Healthy Solutions team members Carolyn Crump and Robert Letourneau provide facilitation and consultation assistance in this process
- The writing team will review the 2015-2020 Guide to identify updates/additions, identify sections of the Guide to lead revision process, and revise or develop new content for the Guide
- There will be a secondary writing team consisting of content experts in diabetes from our membership, stakeholders, community, CCCPH, health providers, etc. who will serve as reviewers and consultants to the Writing team. All DAC members will have opportunities to engage, comment, and participate in the process at our meetings in 2020.

# Writing Team Member Responsibilities

- Attend a series of meetings (one in-person and check-in conference call) to collaborate on decisions about revision of Guide.
- Review 2015-2020 Guide to identify updates/additions. Review list of considerations for updating the Guide. Identify sections of the Guide to lead revision process.
- Revise/write updates or develop new content for the Guide. Obtain assistance as needed from subject-matter experts.
- Collect and incorporate feedback on a draft revised Guide from identified volunteer 'internal reviewers' (i.e., DAC members or other identified stakeholders).

## Activity Timeline

- February to March 2020: Writing team members write/edit various sections of the Guide. Team members send to Chair/UNC for consolidating.
- February 21, 2020 DAC Meeting: Writing Team co-chairs provide update on progress to DAC. DAC members are asked to volunteer to assist with identifying prior Guide success stories.
- April to May 2020: UNC Team facilitates planning calls with Writing Team. Writing team sends sections to select reviewers and makes revisions.

# Considerations

**Align with  
Current  
Standards**

**Diabetes  
Prevention**

**Diabetes Care  
and Management**

**Payors**

**Population Health**

**DSMES**

**Overlap with  
other plans:  
Obesity, Heart  
Disease**

**Data  
Incidence/Prevalence  
Morbidity/Mortality  
Costs**

**Health Equity  
Social  
Determinants of  
Health**

**Advocacy**

**Outcome  
Metrics**

**Expand : What can my  
Community, Employer,  
Organization Do**

# Integration

Align content in the Guide so that the recommended actions lead to objectives (or the overall goals) the Guide promotes. Clearly state what different stakeholders can do to address diabetes in NC.

Social Determinants of Health  
Health Equity

Payors: Private,  
Medicare,  
Medicaid, Value  
based care

What does DM Look like  
in NC

Role of Community  
Health Workers and  
Faith Based Programs

Success Stories

DAC  
Community  
Partners  
Stakeholders

# DAC Member and Stakeholder Engagement Process

- ❑ Reviewing draft Guide developed by the Writing Team
  - Content experts, stakeholders, external reviewers
  
- ❑ Developing testimonials and success stories about how people have used the Guide in the past, to be included in the Guide itself and provided via the online Guide resources.
  
- ❑ Developing an **'outreach plan'** to **widely disseminate** the Guide via presentations and website (e.g., as part of October 2020 DAC meeting)
  
- ❑ **Executing the dissemination plan once the revised Guide is released (late 2020 into 2021).**

# Projected Timeline

- June 2020 DAC Meeting: Writing Team co-chairs provide update on progress to DAC; UNC Team facilitates process to identify success stories (i.e., examples of sector implementation and/or use of the prior Guide).
- Late June - July 2020: Writing team submits draft Guide to graphic designer. Writing team reviews draft design and prepares Guide for distribution to DAC members for feedback.
- Aug - September 2020: DAC members and other stakeholders provide input on draft Guide. Writing Team incorporates feedback from DAC members.
- October 2020: Final graphic design and revisions completed and sent to print. Create series of PDF files able to be downloaded from website.
- November 13, 2020 DAC Meeting: UNC Team facilitates an activity to develop Dissemination Plan for the revised Guide. This includes plans for the type of information that should be included on the DAC website.
- February TBD, 2021: DAC members begin implementation of dissemination plan



# Update: 2020 Guide to Diabetes Prevention and Management

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- April- writing team completed edits of all draft sections, reviewed organization, flow,
- Robert & Carolyn integrated all these edits into one fluid document
- Leadership team reviewed in detail for content accuracy, flow, references, etc.
- Final edits by Robert and Carolyn
- Final draft sent to reviewers for suggestions, comments, thoughts – May 11th

# Current Status

1 . Reading  
reviewer  
comments &  
suggestions

2. Joe and Jan are  
summarizing these by  
section- then we will  
discuss incorporation  
of edits

3. Robert and Carolyn  
will incorporate these  
into final document

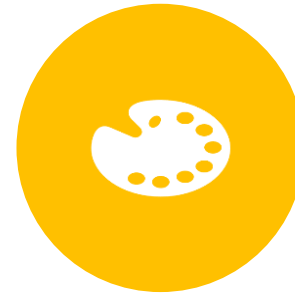
# Current Status



4. DOCUMENT WILL BE  
REVIEWED BY ENTIRE TEAM  
AGAIN



5. DOCUMENT WILL BE  
REVIEWED FOR READABILITY,  
LITERACY, NUMERACY, ETC.



6. PLAN TO SEND TO  
GRAPHIC DESIGNER FOR  
LAYOUT BY JULY



Ongoing  
thoughts  
and ideas

- **Facilitate process to identify success stories**
  - Encourage each of you to share your successes for integration in the guide.
  - Exploring additional **call outs** and section with **(web) links** to additional information, other resources
  - **May use QR codes in margins** so reader can “click” and go to additional resources
  - **Using more text boxes, graphs, charts-** colorful ways to share information and keep the reader’s interest

# Content Additions and Updates

- Expanded the Social Determinants of Health
- Language of Diabetes
- Integrated and updated all prediabetes and DPP
- Updated diabetes diagnoses and test metrics
- Updated all statistics re: diabetes and prediabetes
- All nutrition and DSMES updates
- Emphasis on referral to DPP & DSMES
- Enhanced preventing complications
- What Does Prediabetes and Diabetes Look Like and Cost in North Carolina?
- More emphasis on what Communities, Employers, Schools, Payers, HCP can do
- Integration of health policy
- Metrics for evaluation
- Population health
- Immunizations incorporated
- Reflects the 2020 ADA Standards of Care,

## DAC member and Stakeholder Engagement Process

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# Stay tuned for more updates in 2020

Please share your ideas, comments & suggestions to the DAC Leadership or Writing Team

## Coming:

Additional opportunities for DAC members & stakeholders to read, comment as well as engage regarding plans for dissemination & implementation

