### UPDATE ON THE WEBINAR!! North Carolina's Guide to

**Diabetes** Prevention

and Management

We are so glad you were able to participate.



MANAGE WEIGHT | LIVE TOBACCO FREE | PARTICIPATE IN LIFESTYLE CHANGE PROGRAMS PARTICIPATE IN DIABETES EDUCATION | ADHERE TO TREATMENT PLAN | GET ADEQUATE SLEEP

## **Guide** Webinar Dissemination

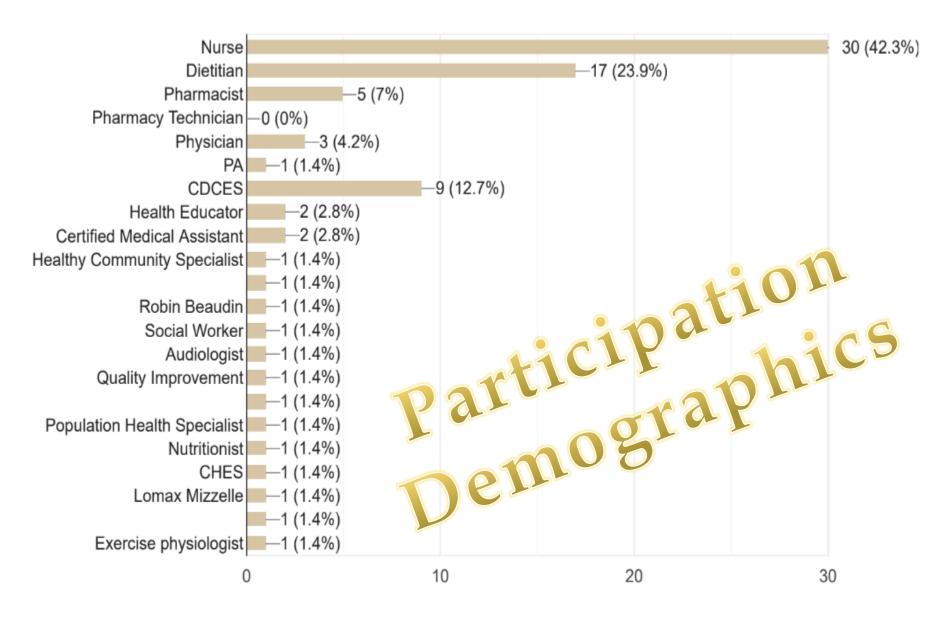
- DAC members and stakeholders
- Local Health Departments
- AHECs
- NC Community Health Center Association
- NC Public Health Association
- Eat Smart Move More
- Department of Public Instruction
- NC Medical Society
- NC Office of Rural Health
- NC Farmworker Health Program
- Diabetes Care and Education Specialists
- DSMES and DPP
- And more!

### **Guide** Webinar Dissemination

# Total estimated reach 5,214\*

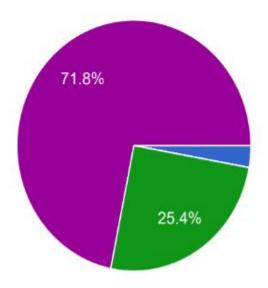
\*Estimate is based on data reported by organizations and individuals. The total number is likely different, as many individuals/organizations did not provide data, and there may be cross-postings, etc. that are not accounted for in this data.

#### What is your primary professional designation?



### **Overall Evaluation**

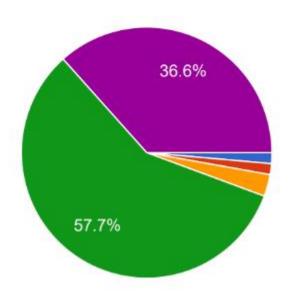
The intended goal/outcome of this activity was met: This webinar will discuss prediabetes and diabetes in NC, provide an overall review of the Guide, and address actions that individuals/organizations can take to decrease the burden of diabetes in NC.





# Ability to improve knowledge

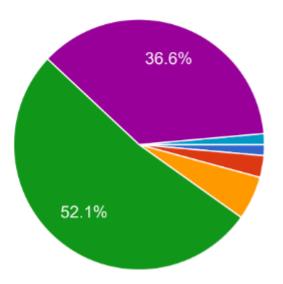
Relative to where I was prior to participating in this activity, I am confident that this activity improved my knowledge and/or skills on this topic.





### Improving Function as a health care team member

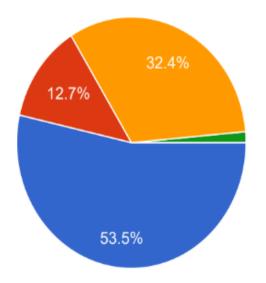
Relative to where I was prior to participating in this activity, I am confident that this activity improved my ability to better function as a member of the health care team.





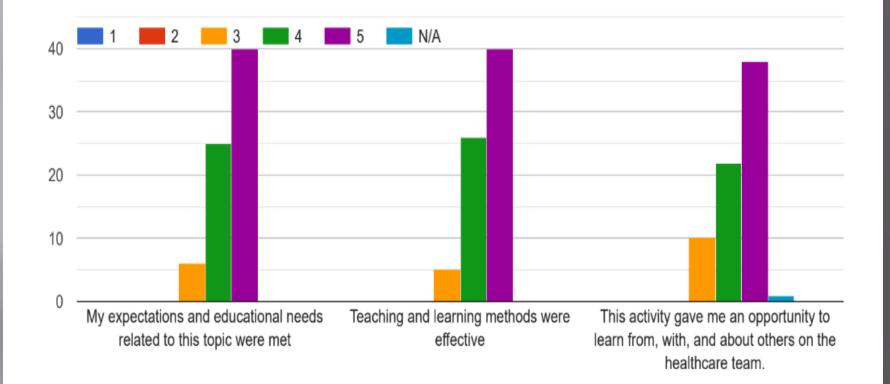
### Plan to make changes to my practice or role

As a result of participating in this activity, I will make changes in my practice or role



- a. Yes
- b. Possibly, I am contemplating change, but would need more information and/or education
- c. No, but the content affirms my behavior/practice
- d. No, I am unable to make changes

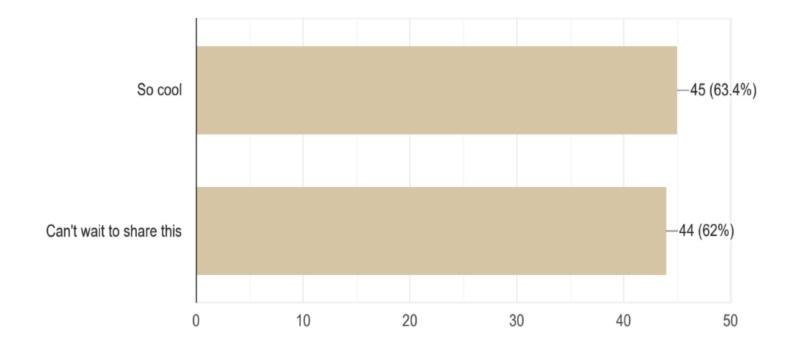
#### How satisfied were you with the webinar overall?



### **Overall Satisfaction**

# Infographic bragging

#### What do you think of our infographic below?



# Thank you Corissa!

#### NC GUIDE TO DIABETES PREVENTION & MANAGEMENT 2020

#### OVERALL PURPOSE

The overall purpose of the Guide is to address diabetes as a complex disease and serve as an action plan for our state to reduce the burden of diabetes.



#### **ACTION ORIENTED**

The Guide focuses on actions that individuals at risk for diabotics or who have diabetes, families, and peers can implement to improve the health of North Caroliaians.

#### SPECIFIC STRATEGIES

The Guide provides specific strategies, for diabetes prevention and management for community groups, employers, and healthcare providers.



#### GET YOUR GUIDE

The Suide is available in a pdf download at DiabetesNC.com, and primted copies may be responsed. Please share the Suide broadly with your membership, partners, colleagues, of anyote working to reduce the burden of diabetes in North Carolina.

VISIT DIABETESHC.COM TO GROER YOUR PRINTED COPIES OF THE GUIDE

