Your Care Team



From left to right: Brittany Kinder, Robin High, Joan Mansfield, Jackie Sugg and Allison Swart

As a team of Registered Nurses, Dietitians and Health Educators, we have over 25 years of combined experience in diabetes education.

The Pitt County Health
Department has been
Recognized by the
American Diabetes
Association for Quality
Self-Management
Education and Support*.
Living with diabetes can
be a challenge, but you're
not alone!

Call us today or ask your doctor for a referral to our program!

For More Information

Joan Mansfield, MPH, RD, LDN 252-902-2361

joan.mansfield@pittcountync.gov



Pitt County Health Department 201 Government Circle Greenville, NC 27834 Phone: 252-902-2305 Fax: 252-413-1446

GREAT Bus Route 4 (Purple)





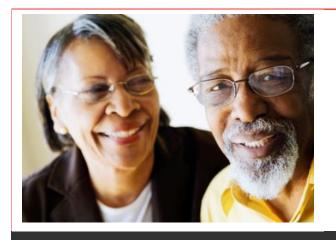


*The American Diabetes Association Recognizes this education service as meeting the National Standards for Diabetes Self-Management Education and Support. Pitt County Health
Department

Diabetes Education Program



Take Charge of Your Diabetes Today!



INTERESTED IN ENROLLING?

Call Us (252-902-2361) or Talk with Your Doctor Today!

(Referral Required)

Cost

- Medicaid covers 100% and can provide transportation.
- Blue Cross/Blue Shield (BCBS) accepted
- No insurance? No Problem! Call us. We can help.

Diabetes Education Program

Who: Anyone with Diabetes or

Pre-Diabetes.

Why: Learn behaviors that will

help you meet <u>your</u> diabetes goals.

When: Sign up at any time.

Receive up to 10 hours of education the first year.

Where: Pitt County Health

Department.

What: • Learn how to use food and drink to reach blood glucose (sugar) goals.

- Get healthy recipe ideas.
- Receive real-life guidance, coaching and support.
- Get free product samples and gift cards.
- Create a plan to fit your needs.

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"I have incorporated a lot of information that I received from the program into my lifestyle, and that has benefitted me greatly. I do not have to do insulin any more...I am happier about it and I am happier about the situation than I was before."

- Mattie, Diabetes Education Program Graduate

PROGRAM TIMELINE

Initial Consult 4 Group Classes Support Phone Call Refresher Class Go For Your Goals!