



## North Carolina Diabetes Advisory Council

<b>Date of Meeting:</b>	May 3, 2019	<b>Time:</b>	9:30 am - 12:30 pm
<b>Minutes Prepared by:</b>	Kristie Hicks	<b>Location:</b>	NC State University Club
<b>Attendance at Meeting:</b>	<p><b>NC DAC Members &amp; Liaisons Present:</b> Ronny Bell, Chair; Jan Nicollerat, Vice-Chair; Gideon Adams; Battle Betts; Christina Bickley; Pat Cannon; Laura Edwards; Susan Houston; Joe Konen; Chris Memering; Nicolle Miller; Julie Paul; Deborah Porterfield; Joanne Rinker; Susan Spratt; Joyce Swetlick; Larry Wu</p> <p><b>NC DAC Members &amp; Liaisons on The Phone:</b> Ed Fisher, Caroline Blackwell</p>		
<p><b>Invited Guests and Staff Present:</b> Surabhi Aggarwal; Shannon Aymes, Anna Bess Brown; Casey Collins; Erielle Cooper; Carolyn Dunn; Tracy Everhart; Corinne Goudreault; Shaneka Grimes; Erica Hall; Maryn Hayward; Tracie Heavner; Kristie Hicks; Catherine Hill; Dave Jenkins; Susan Kansagra; Kendrick Kemp; Sanga Krupakar; Jeana Partington; Corissa Payton; Jaime Pearce; Kevin Piezer; Jenifer Simone; Cathy Thomas; De'Vette Thomas; Jerome Garner; Macon Cornick</p>			

### Meeting Highlights

Topics and Points of Discussion	Carry-over Item?
<p><b>1. Welcome, Introductions, Approval of Minutes</b></p> <ul style="list-style-type: none"> <li>- Ronny Bell, North Carolina Diabetes Advisory Council (NC DAC) Chair, welcomed all participants, and asked everyone present and on the phone to introduce themselves.</li> <li>- Meeting highlights from February 8, 2019 were approved as submitted. The meeting highlights and handouts are posted on <a href="http://Diabetesnc.com">Diabetesnc.com</a>.</li> </ul>	No
<p><b>2. Follow-up Discussion about NC DAC Survey Results</b></p> <ul style="list-style-type: none"> <li>- Vice -Chair Jan Nicollerat reviewed the responses, suggestions and action items from the NC DAC survey results presented during the February 3, 2019 NC DAC meeting.</li> <li>- The NC DAC New Member Orientation Checklist and NC Guide to Diabetes Prevention and Management (Diabetes Guide) were created and is now posted on <a href="http://www.diabetesnc.com/diabetes-advisory-council">www.diabetesnc.com/diabetes-advisory-council</a> for NC DAC members to use.</li> <li>- Jan shared that the NC DAC Leadership invites the group's involvement in how the NC DAC is meeting the goals outlined in the Diabetes Guide.</li> <li>- Members and guests will be invited to contribute to the creation of the new Diabetes Guide that will be completed in 2020.</li> <li>- Legislator Gale Adcock has asked to step down as a NC DAC member. The NC DAC Leadership has 3 prospective legislators to fill this position. We hope to have a new legislator as member of the NC DAC by the November meeting.</li> </ul>	Yes



## North Carolina Diabetes Advisory Council

<p><b>3. Diabetes Self Management Education and Support (DSMES) Toolkit</b></p> <ul style="list-style-type: none"> <li>- Laura Edwards discussed the DSMES toolkit and content, which she did under contract with UNC Chapel Hill for CDC.</li> <li>- The goal of the project is to increase access to quality DSMES programs that meet the National Standards for DSMES.</li> <li>- The primary audience for the DSMES Toolkit is state health departments, to help interested parties understand the organization requirements to start a DSMES program and navigate the tools and resources for becoming a recognized provider.</li> </ul>	No
<p><b>4. DiabetesSmart Overview</b></p> <ul style="list-style-type: none"> <li>- Sanga Krupakar, Diabetes and Health Disease Quality Coordinator, NC Division of Public Health presented DiabetesSmart, a diabetes education recognition program.</li> <li>- North Carolina was the first state health department to create a statewide umbrella program for Diabetes Self-Management Education and Support Programs (DSMES).             <ul style="list-style-type: none"> <li>o The Division of Public Health handles all the administrative aspects of being an ADA-recognized DSMES program allowing the sites to focus solely on program delivery.</li> </ul> </li> <li>- The Division of Public Health’s goal is to increase the number of new sites that join the DiabetesSmart umbrella program.             <ul style="list-style-type: none"> <li>o DPH staff are recruiting pharmacies to join the DiabetesSmart umbrella program, particularly in Regions 9 and 10 in North Carolina.</li> </ul> </li> <li>- If any DAC members or stakeholders would like to assist in recruitment of pharmacies to offer DSMES in Regions 9 and/or 10, please email Sanga Krupakar at <a href="mailto:Sangamithra.Krupakar@dhhs.nc.gov">Sangamithra.Krupakar@dhhs.nc.gov</a>.</li> </ul>	No
<p><b>5. Diabetes Free NC</b></p> <ul style="list-style-type: none"> <li>- Surabhi Aggarwal, Program Manager, NC State University presented on Diabetes Free NC, a new project in partnership with the NC Division of Public and funded by Blue Cross Blue Shield of NC (BCBSNC) to address prediabetes and to remove the cost barrier for Diabetes Prevention Programs (DPPs).</li> <li>- Diabetes Free NC funding, provided by BCBS NC, will last for 4 years.</li> <li>- Surabhi shared that <a href="http://www.diabetesfreenc.com">www.diabetesfreenc.com</a> is a portal for all CDC-recognized onsite and online DPPs in NC. All DPPs in NC are listed on the website, whether recipients of BCBSNC funding or not.</li> <li>- Eat Smart, Move More, Prevent Diabetes is a on line, real-time, interactive CDC-recognized program that was designed by NC State University and the NC Division of Public Health. This program is also receiving funding by BCBSNC through the Diabetes Free NC project.</li> </ul>	No
<p><b>6. 2019 NC DAC Awards Process Review</b></p> <ul style="list-style-type: none"> <li>- Kendrick Kemp, Communications Specialist, NC Division of Public Health presented an overview the 2019 NC DAC Awards.             <ul style="list-style-type: none"> <li>o The DAC Awards have 3 categories of recognition:                 <ol style="list-style-type: none"> <li>1. John Bowdish Community Award: Recognizes a person or organization</li> <li>2. Myrna Miller Employer Award: Recognizes an employer</li> </ol> </li> </ul> </li> </ul>	No



## North Carolina Diabetes Advisory Council

<p>3. Health Care Provider Award: Recognizes a hospital, clinic, health care organization or health care provider</p> <ul style="list-style-type: none"> <li>- The NC DAC Awards nomination form will be posted on the diabetesnc.com homepage and at <a href="http://www.diabetesnc.com/diabetes-advisory-council">www.diabetesnc.com/diabetes-advisory-council</a> from June 1<sup>st</sup> – July 31<sup>st</sup>.             <ul style="list-style-type: none"> <li>o Nominations can be completed online.</li> </ul> </li> <li>- The NC DAC Awards presentation and reception will take place during the DAC meeting on November 8, 2019.</li> </ul>	
<p><b>7. Volunteers for NC DAC Awards Review Committee</b></p> <ul style="list-style-type: none"> <li>- Vice-Chair Jan Nicollerat requested that NC DAC members volunteer to participate in an ad-hoc committee for the DAC Awards nominations review.</li> <li>- Deborah Porterfield, Susan Houston, Susan Spratt, and Erielle Cooper volunteered.</li> </ul>	No
<p><b>8. Diabetes Prevention Program Advisory Committee Meeting</b></p> <ul style="list-style-type: none"> <li>- Vice-Chair Jan Nicollerat attended the inaugural Diabetes Prevention Program Advisory Committee Meeting, on April 5, 2019 representing the NC DAC.</li> <li>- Susan Kansagra, NC Division of Public Health serves as the chair of the advisory committee.</li> <li>- The group will discuss how to increase provider referrals to DPPs, build in sustainability and share best practices for retention as next steps.</li> </ul>	No
<p><b>9. A Diabetes Educator Delivers So Much More Than Education</b></p> <ul style="list-style-type: none"> <li>- Chris Memering, with Carolina East and board member with the American Association of Diabetes Educators (AADE) presented on AADE's Project Vision.</li> <li>- The purpose of Project Vision is to discuss the future vision of diabetes educators to integrate clinical management and self-management aspects of care with diabetes education.</li> <li>- She outlined the 6 strategies to support Project Vision and discussed next steps for diabetes educators.</li> </ul>	No
<p><b>10. Announcements, Next Steps and Wrap-up</b></p> <ul style="list-style-type: none"> <li>- Chair Ronny Bell made the following announcements:             <ul style="list-style-type: none"> <li>o NC DAC members will be asked to participate with the development of the next NC Guide to Diabetes Prevention and Management.</li> <li>o Highlights from the May 3<sup>rd</sup> meeting will be posted on the NC DAC webpage at <a href="http://www.diabetesnc.com/diabetes-advisory-council">www.diabetesnc.com/diabetes-advisory-council</a> within 2 weeks.</li> <li>o The next NC DAC meeting will be November 8<sup>th</sup> and will include the NC DAC Awards presentation and reception following the meeting.</li> </ul> </li> </ul>	No
<p><b>11. Dinah E. Gore Teaching and Research Kitchens</b></p> <ul style="list-style-type: none"> <li>- Carolyn Dunn announced the opening of the Dinah E. Gore Teaching and Research Kitchens, housed at the Department of Agriculture and Human Sciences, NC State University. The kitchens are now open for research and faculty/extension trainings.</li> <li>- A tour of the kitchens was led by Carolyn Dunn following the meeting.</li> </ul>	No



## North Carolina Diabetes Advisory Council

Next Meeting: Friday, November 8, 2019  
McKimmon Center for Extension & Continuing Education  
1101 Gorman Street, Raleigh, NC  
[diabetesnc.com](http://diabetesnc.com)   [diabetesfreenc.com](http://diabetesfreenc.com)



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