



## North Carolina Diabetes Advisory Council

<b>Date of Meeting:</b>	2/2/2024	<b>Time:</b>	9:30 am - 12:30 pm
<b>Minutes Prepared by:</b>	Courtney Eggleston	<b>Location:</b>	In-Person Meeting at The McKimmon Conference and Training Center Virtual Meeting via GoToMeeting
<b>Attendance at Meeting:</b>	<p><b>Attendees Present In-Person:</b></p> <p><b>Members:</b> Joanne Rinker, Chris Memering, Marico Dove, Dr. Susan Spratt, Dr. Susie Houston, Natasha Vos, Gideon Adams, Sheree Vodicka</p> <p><b>Stakeholders &amp; Guests:</b> Corissa Payton, Dr. Kimberly McDonald, Tish Singletary, Sharon Nelson, Courtney Eggleston, Meg Sargent, Stacey Burgin, Anna Parker, Claudia Giraldo, Courtney Ramsey, Melissa Papadopolous, William Pertet, Shemecka McNeil, Emmanuelle Quenum, De'Vette Thomas, Jaime Pearce, Brock Woodis, Kevin Piezer, Beth Cesaro, Jasmine Westbrooks, T.J. Evans, Dr. Asha Bohannon</p>		
<p><b>Attendees Present Online:</b></p> <p><b>Members and Liaisons:</b> Ciara Ruske, Amy Johnson, Caroline Young, Kathy Dowd, Joe Konen, Julie Paul, Katie-Rose Crater, John Buse</p> <p><b>Stakeholders and Guests:</b> Terri Moore, Tara White, Anna Bess Brown, Cindy Stevenson, Tiffany Crank, Michael Weston, Ijeoma Uwakwe, Erin Callahan, Janice Moore, Dorothea Brock, Franklin Walker, Huabin Luo, Monica Billger, Antoinette Stein Stewart Perry, Chelsea Gailey, Kalpana Iyer, Sherry Capps, Renee DuBois, Melissa Fabrikant, Stewart Perry, Sefra Mendall, Sonya Dunn, Kalpana Iyer, Cynthia Liverman-Vinson, T. Tatem, Ralph Sun</p>			

### Meeting Highlights

#### Topics and Points of Discussion

**1. Welcome and Approval of October 27, 2023, Meeting Minutes**

- Joanne Rinker, North Carolina Diabetes Advisory Council (NC DAC) Co-Chair, welcomed all participants and called for approval of the October 27, 2023, meeting minutes.
- **Announcements**
- The DAC kicked off quarterly newsletter in the month of January. Special thank you to Dr. Rashim Gupta, Endocrinologist at Whole Endo, for being the first contributor with her article on Diabetes



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Distress. Encouraged members to submit topics they would like to share information about for the DAC's newsletter.

- ADCES Virtual Policy Forum, March 6- 7, 2024. Public Policy Forum (PPF) Training on Wednesday, March 6 from 12:00pm - 5:00pm. Hill Day on Thursday, March 7 from 8:00am – 5:30pm. Attendees may register for either the March 6 training only or for BOTH the training and Hill Day. Registration is encouraged by February 22. Registration link: <https://www.adces.org/events/virtual/detail/public-policy-forum-2024>
- Upcoming Diabetes Conferences – Local:
  - o Eastern AHEC Diabetes Care and Education Conference 2024 on March 1, 2024, 7:30am – 4:30pm in Greenville, NC or via Live Webinar. Registration link: <https://www.ncahec.net/courses-and-events/70877/diabetes-care-and-education-conference-2024> .
  - o South Piedmont AHEC 36<sup>th</sup> Annual Diabetes Conference: Reducing the Burden and Living Well with Diabetes on April 19, 2024, 7:45am – 4:00pm in Concord, NC or via Live Webinar. Registration link: <https://www.southpiedmontahec.org/registration/71576>
- EASTERN AHEC A-Z Diabetes Boot Camp on May 6 – 10, 2024, in Greenville, NC. A week-long, in-depth course designed to enhance the health care professional's knowledge of diabetes and promote patient and family centered partnerships in self-management and support. Registration link: <https://www.ncahec.net/courses-and-events/71189/a-z-diabetes-boot-camp>
- Upcoming Diabetes Conferences- National:
  - o ADA 84th Scientific Sessions on June 21-24, 2024, in Orlando, FL or Virtual. Registration link: <https://professional.diabetes.org/scientific-sessions>.
  - o ADCES24 on August 9-12, 2024, in New Orleans, LA or Virtual. Registration link: <https://www.adcesmeeting.org/>
- Winning with Diabetes 22<sup>nd</sup> Annual Conference on March 16, 2024, 9am – 3pm. An all-day event designed to help support and engage them in living well with diabetes. Local experts will speak about diabetes management and empower people to make positive lifestyle changes. Registration link: <https://give.ecuhealthfoundation.org/WWD> .

## 2. DPP Updates

- Meg Sargent provided updates for the Diabetes Prevention Programs.
- Sunsetting NC DPP Navigator Program. Instead working directly with physicians to send referrals straight to DPP's helping intergrate referrals into their electronic health records.
- Special Opportunity for Accelerated Medicare DPP Recognition -
  - o ADA-recognized and ADCES-accredited DSMES organizations have a special opportunity to accelerate participation in the Medicare Diabetes Prevention Program by fast-tracking to preliminary recognition.
  - o Opportunities for DPP Lifestyle Coach Scholarships
  - o Application due by February 9 (indicate you're an ADA or ADCES DSMES provider).
- For technical assistance and information on Lifestyle Coach trainings and/or any pharmacies interested in joining the NC DPP Pharmacy Learning Collaborative, reach out to Meg Sargent, DPP Coordinator for DHHS, [Meg.Sargent@dhhs.nc.gov](mailto:Meg.Sargent@dhhs.nc.gov)



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### 3. Diabetes Advocacy- Diabetes Leadership Council

- Erin Callahan, presented on Diabetes Patient Advocacy.
- The Diabetes Leadership Council is a group of experienced leaders personally connected to diabetes. Driving solutions to improve the lives of all people impacted by diabetes.
- The problem from the clinic to the capital is care, treatment, access, and affordability for people with or at risk for diabetes:
  - o Consumers are paying inflated list prices for covered prescriptions. 70% of patients will abandon prescriptions at a pharmacy if their cost sharing exceeds \$250.
  - o There is a higher cost drugs on formularies, were middlemen make more money on drugs with high list prices and bigger rebates.
  - o Fewer drugs are covered higher rebates are offered only to the preferred drug.
- There are diabetes disparities that persist as people of color of less likely to be prescribed a CGM, insulin pump, and/or receive education regarding newer diabetes technology. They are more likely to develop complications including damage to nerves, eyes, kidneys or have a limb amputated.
- Patient-Centered Policy includes pre-deductible coverage, low, predictable cost sharing, rebate pass through, and treatment choice.
- Copay assistance legislation 18 states passed as of June 2023.
- In 2023, 15 states introduced rebate reform legislation. West Virginia's first-in-the-nation rebate pass through bill took effect. Arkansas and Indiana became the second and third states to pass rebate reform.

### 4. Diabetes Performance Improvement Plan

- Brianne Davis presented Diabetes Performance Improvement Plan
- As part of a comprehensive quality assessment and performance improvement (QAPI) program, states must require managed care plans to implement performance improvement projects (PIPs).
- The North Carolina Standard Plan Diabetes Management Collaborative aims to improve performance by 1.67% for each year for 3 years relative to aggregate Standard Plan performance through targeted interventions.
- The Diabetes Care PIP Primary Indicator will be expanded to encompass both sub measures for GSD. Glycemic Status (<8.0%) and Glycemic Status(>9.0%)
- Standard Plans adopted Diabetes Self-Management Education Classes (DSMEs) as the first intervention effectiveness measure.
- Standard Plans (SPs) Advanced Medical Health (AMH) Tier 1 and Tier 2 diabetic members within care management that has a most recent glycemic status (hemoglobin A1c [HbA1c] or glucose management indicator [GMI]) greater than 9.0% GSD measure specifications.

### 5. Diabetes Medication Updates

- Dr. Marico Dove presented Diabetes Medication Updates.
- Discussed general insulin prices, reviewed important information when prescribing insulin products and how to identify approved drugs for the treatment of types 1 and 2 diabetes.
- Medicaid copays are up to \$4. Medicare copays are not supposed to exceed \$35 for a 1-month supply. Deductibles are not supposed to be applied to the Medicare copays for insulin. Private Insurance Copays depend on the plan.



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- In most cases insulin pens are more expensive than vials, there are usually more units of insulin in one pack of 5 pens than in 1 vial.
- Medical insurance does not necessarily mean they have pharmacy insurance. If they patient does not have pharmacy insurance then prescribe what the patient can afford or the medication will not be picked up and used.
- Every time insulin is prescribed there needs to be a separate prescription for needles. Pen needles for insulin pens and insulin syringes for insulin vials. Insurance will normally cover needles with a prescription. If there is not a prescription then the out of pocket cost for a box of 100 needles may be around \$50 depending on which retail pharmacy is being used.

### 6. AHEC Digital Library

- Janice Moore presented on the AHEC Digital Library.
- Northwest AHEC serves 17 counties.
  - o Some of the services provided are : Document Delivery, Interlibrary Loan, Literature Searches-by using medical databases those include MEDLINE, CINAHL, PUBMED and One on One Training to Access Information
- The first resource is the AHEC Digital Library. (ADL) is your portal to AHEC library services, information, and education. The ADL ensures that all providers in the state have high-quality health information readily available through a variety of membership categories, ranging from access to free resources to paid subscriptions.
- NC LIVE is North Carolina's statewide library for online resources.
  - o All North Carolinians may use NC LIVE resources through their local library. These online resources are designed for at-home use and are available from any internet connection via library websites, and through nclive.org. (This is a free resource.)
  - o The way you access NC Live resources is by using a Library Card. You may access a Library Card through your public local library.
- MedlinePlus is a service provided by the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).
  - o MedlinePlus is an online health information resource for patients and their families, and friends.

### 7. Announcements

- If you attended this meeting or reviewed the meeting highlights and would like to be added to the DAC listserv as a stakeholder, please email Corissa Payton at [Corissa.Payton@dhhs.nc.gov](mailto:Corissa.Payton@dhhs.nc.gov)
- Next DAC meeting will be on Friday, May 17 at the McKimmon Center. The following meeting will be October 18 for DAC meeting, awards ceremony, and reception. All meetings will be held at the McKimmon Center with a virtual option.



**North Carolina Diabetes Advisory Council**

**Next Meeting: Friday, May 17, 2024**

**9:30am – 12:30pm EST**

**McKimmon Center in Raleigh**

**[diabetesnc.com/diabetes-advisory-council/](https://diabetesnc.com/diabetes-advisory-council/)**

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