



North Carolina Diabetes Advisory Council

Welcome

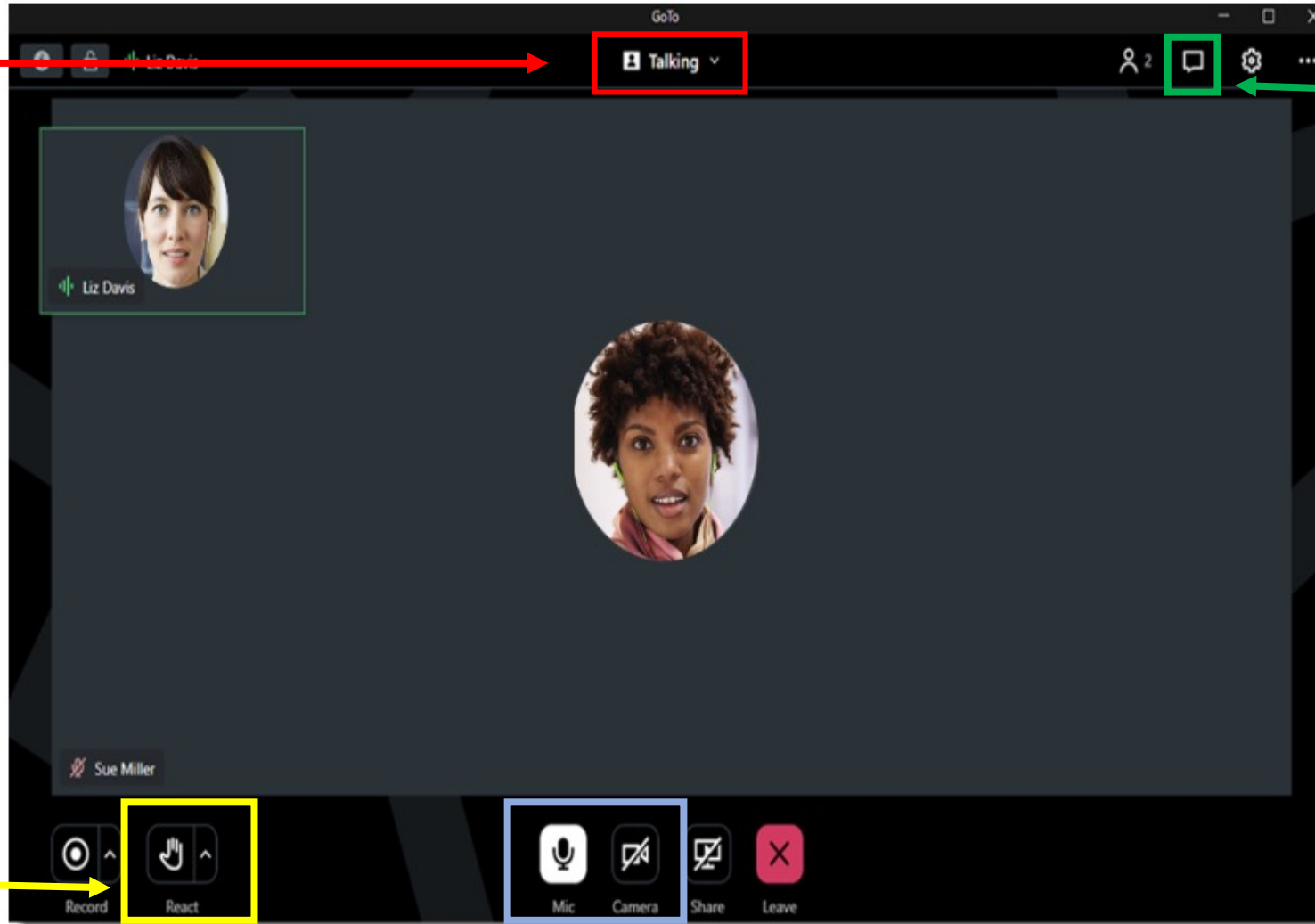
Friday, February 2, 2024



North Carolina Diabetes Advisory Council

GoToMeeting Housekeeping: What You See as an Attendee

Change your view and how you see participants and speakers

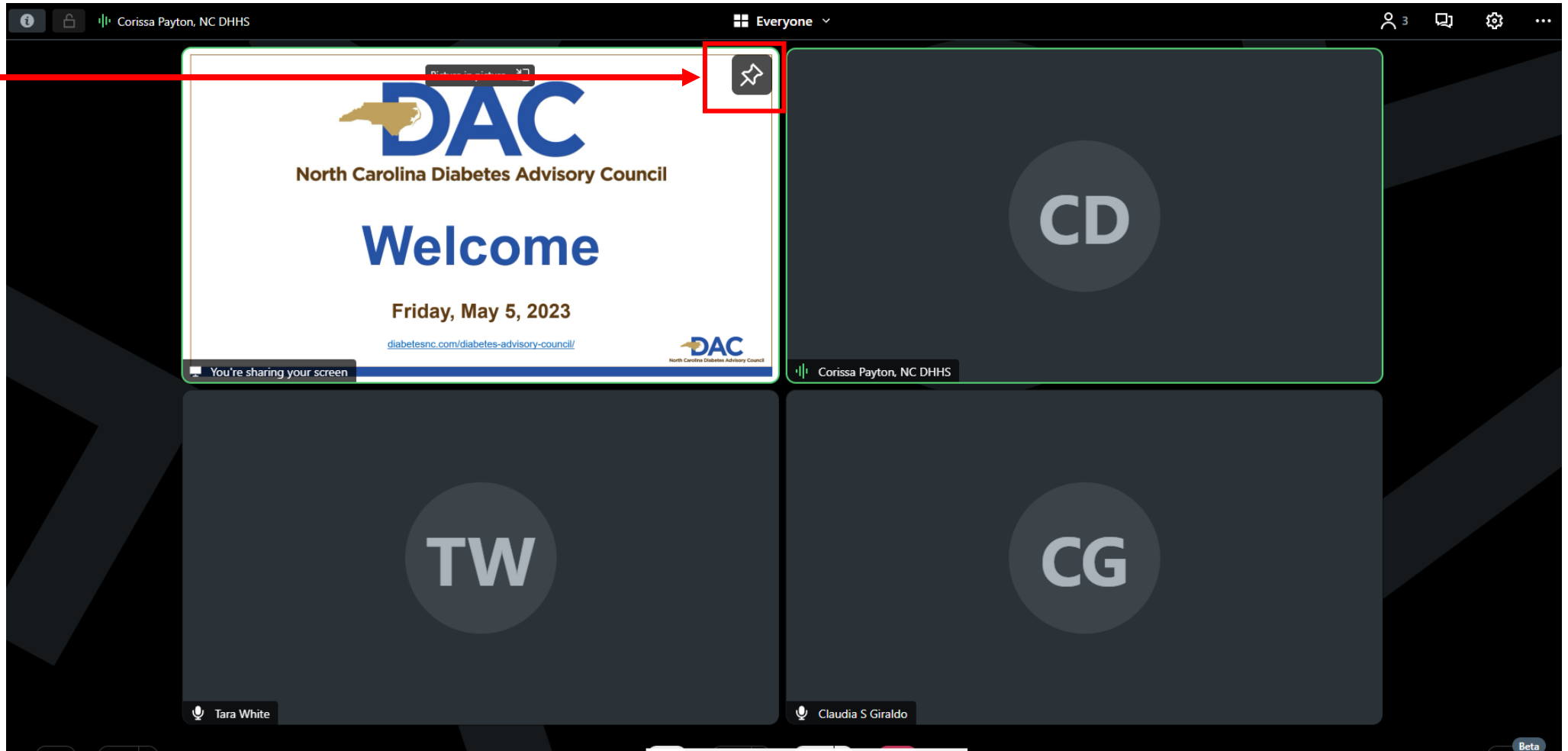


Raise your hand and other reactions

Mic (mute) and Camera

GoToMeeting Housekeeping: What You See as an Attendee

Use the Push Pin icon to pin the slideshow to make it the main screen



GoToMeeting Housekeeping: What You See as an Attendee

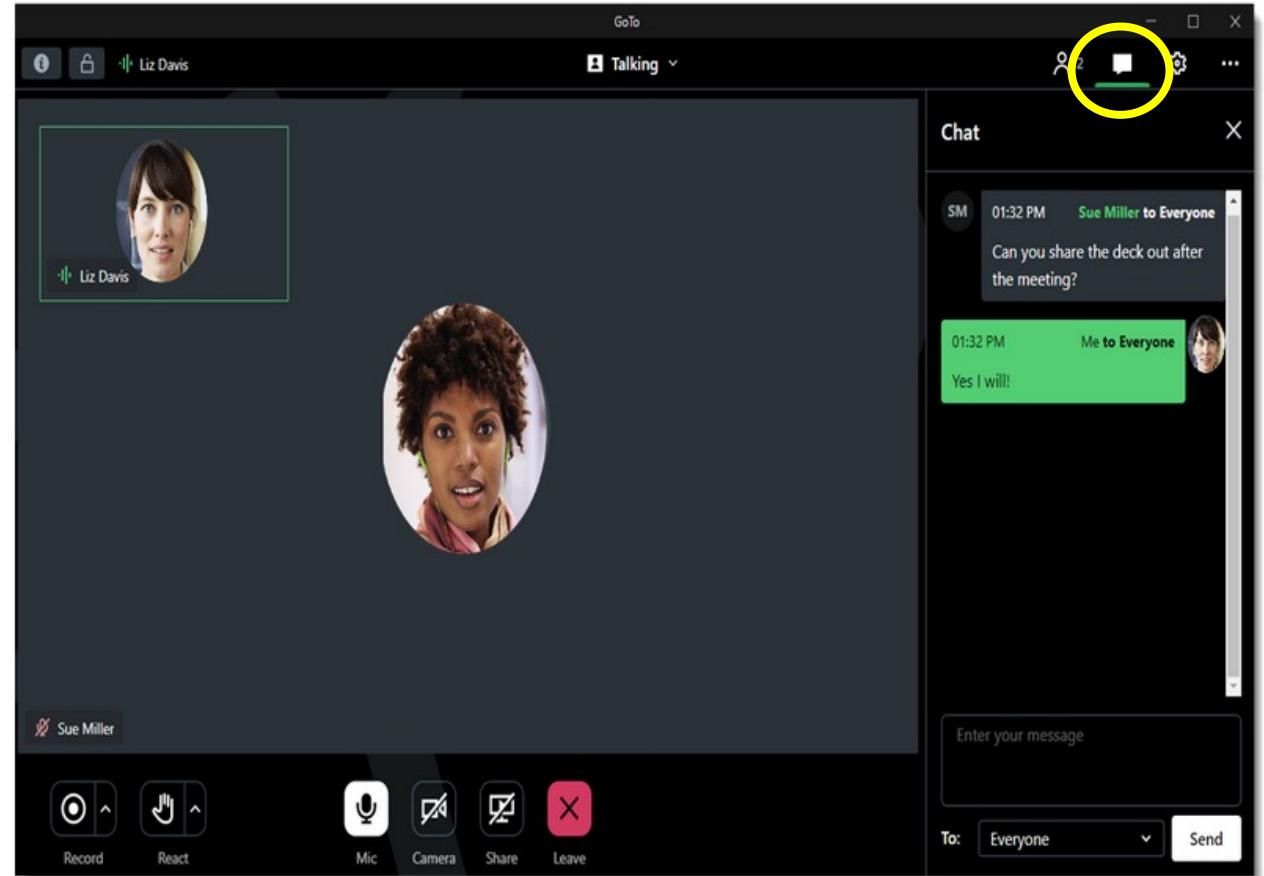
Then it
should be
the main
screen



Roll Call

**Please enter the
following information in
the chat for our
attendance records:**

**Name
Organization/Affiliation
Email Address**



diabetesnc.com/diabetes-advisory-council/

Agenda

- Welcome, Introductions and Review and Approval of October 2023 Highlights
- Announcements
- Diabetes Advocacy – Diabetes Leadership Council
- Break
- Diabetes Performance Improvement Plan – Division of Health Benefits
- Diabetes Medication Update
- AHEC Digital Library
- Workgroup Breakout Sessions



Past Diabetes Advisory Council Meetings

October 29, 2021 [Agenda](#) | [Meeting Highlights](#)

[Register to Watch the Recording](#)

[Health Equity in Context – Cornell Wright](#)

[West Marion Community Forum](#)

[DSMES Updates](#)

June 4, 2021 [Agenda](#) | [Meeting Highlights](#)

[Register to Watch the Recording](#)

[Guide Webinar Evaluation and Metrics](#)

[Diabetes and Hearing](#)

[Diabetes and COVID-19](#)

February 19, 2021 [Agenda](#) | [Meeting Highlights](#)

[Register to Watch the Recording](#)

[2021 ADA Standards of Medical Care in Diabetes](#)

[2020-2025 USDA Dietary Guidelines](#)

[NC Diabetes Registry](#)

[DSMES Updates](#)

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North Carolina Diabetes Advisory Council

DAC Voting Members

Name	Affiliation
Joanne Rinker, Co-Chair	Mannkind
Christine Memering, Co-Chair	Carolina East Medical Center, ADCES
Gideon Adams	Food Bank of Central and Eastern North Carolina
Caroline Blackwell Young	Wake Forest University, School of Medicine
Paul Bray	ECU Health
Pat Cannon	Novo Nordisk
Leonor Corsino	Duke University Medical Center
Vandana Devalapalli	Blue Cross Blue Shield of NC
Kathy Dowd	The Audiology Project
Laura Edwards	Collaborative Health Solutions
Susan Houston	ECU Health
Joseph Konen	
Diana Laursen	Academy of Nutrition and Dietetics
Monique Mackey	Area L AHEC
	NC Board of Nursing
Jan Nicollerat	Clinical Specialist and Certified Diabetes Care and Education Specialist
Julie Paul	Wake Med Health & Hospitals
Sharon Pearce	Carolina Anesthesia Associates
Carmen Samuel-Hodge	University of North Carolina at Chapel Hill
Susan Spratt	Duke University Medical Center
Katie-Rose Crater	American Diabetes Association
Sheree Vodicka	NC Alliance of YMCA's
Natasha Vos	UNC – Asheville
Linda Wooley	New Hanover Regional Medical Center
Marico Dove	JanusRx
Members Emeritus	
John Buse	
Liaison Member	
Ciara Ruske	NC Division of Public Health, Cancer Prevention and Control Branch
Amy Johnson	NC Division of Public Health, Children and Youth Branch
Joyce Swetlick	NC Division of Public Health, Tobacco Prevention and Control Branch



North Carolina Diabetes Advisory Council

Announcements

Chris Memering
Joanne Rinker



North Carolina Diabetes Advisory Council

2024 DAC Meeting Dates

February 2, 2024


May 17, 2024

October 18, 2024*

All meetings will be held at the McKimmon Center in Raleigh with a virtual option.

DAC Newsletter

2024 Quarterly Newsletter


North Carolina Diabetes Advisory Council

Next DAC meeting Friday, February 2, 2024 9:30AM - 12:30PM at the McKimmon Center in Raleigh, NC or attend virtually.

Are you coming to my event?

LOCATION
McKimmon Center: 1101 Gorman Street, Raleigh, NC 27606

DATE AND TIME
02/02/24 9:30am - 02/02/24 12:30pm US/Eastern

DAC Meeting

Yes, I will attend in person!


Yes, I will attend Virtually

No, I'm not attending

Co-Chair's Corner

Every year, when the American Diabetes Association releases their Standards of Care in Diabetes (a name change this year from Standards of Medical Care in Diabetes), I totally become a nerd and review every change. It's impossible to highlight them all in this update, but there are some things I'd like to share with you, which are new in the 2024 version. Please consider reviewing the changes or all the recommendations if you've never spent some time reviewing the Standards. Each of you are in different settings so there are things that are

Thank you to Dr. Rashim Gupta, Endocrinologist at Whole Endo, for being our first contributor with article on Diabetes Distress.

The logo for the North Carolina Diabetes Advisory Council (DAC) features a stylized map of North Carolina in gold, followed by the letters "DAC" in a bold, blue, sans-serif font.

North Carolina Diabetes Advisory Council

Virtual Public Policy Forum



Public Policy Forum (PPF) Training: Wednesday, March 6 | 12:00-5:00pm

Hill Day: Thursday, March 7 | 8:00am – 5:30pm



Attendees ay register for either the March 6 training only or for BOTH the training and Hill Day. [Registration is encouraged by February 22.](#)



North Carolina Diabetes Advisory Council

Diabetes Conferences - NC

Diabetes Care and Education Conference 2024

March 1, 2024 7:30am – 4:30pm

Greenville, NC or via Live Webinar

[Conference and Registration Information](#)



36th Annual Diabetes Conference: Reducing the Burden and Living Well with Diabetes

April 19, 2024 7:45am – 4:00pm

Concord, NC or via Live Webinar

[Conference and Registration Information](#)



North Carolina Diabetes Advisory Council

A-Z Diabetes Boot Camp

May 6 – 10, 2024

Greenville, NC

A week-long, in depth course designed to enhance the health care professional's knowledge of diabetes and promote patient and family centered partnerships in self-management and support.

[Conference and Registration Information](#)



North Carolina Diabetes Advisory Council

Diabetes Conferences - National

ADA 84th Scientific Sessions

June 21-24, 2024

Orlando, FL or Online

[Conference and Registration Information](#)



ADCES24

August 9-12, 2024

New Orleans, LA or Online

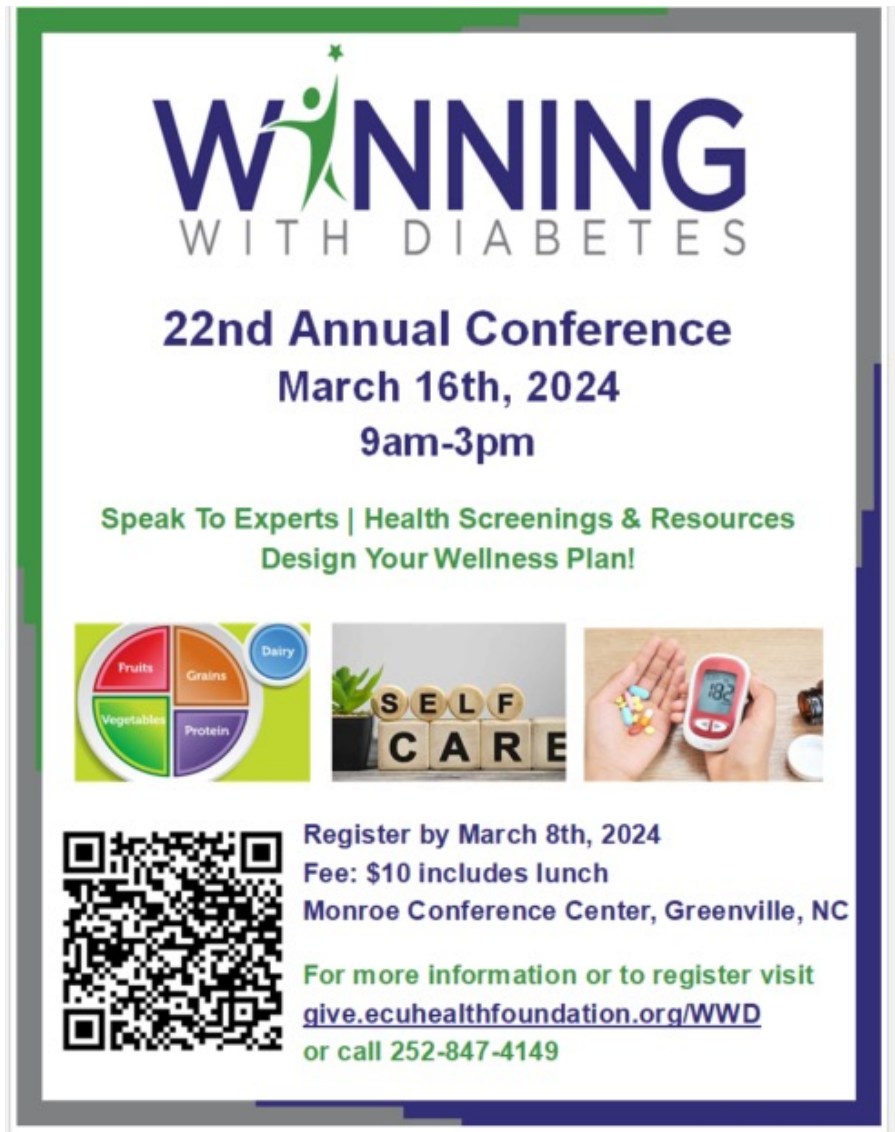
ADCES24

[Registration and housing open in March](#)



North Carolina Diabetes Advisory Council


Community Event



WINNING
WITH DIABETES

22nd Annual Conference
March 16th, 2024
9am-3pm

Speak To Experts | Health Screenings & Resources
Design Your Wellness Plan!



Register by March 8th, 2024
Fee: \$10 includes lunch
Monroe Conference Center, Greenville, NC

For more information or to register visit
give.ecuhealthfoundation.org/WWD
or call 252-847-4149

Winning with Diabetes is an all day event for people with diabetes and their families/friends. It is designed to help support and engage them in living well with diabetes. Local experts will speak about diabetes management and empower people to make positive lifestyle changes.



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DPP Updates

Meg Sargent

Diabetes Prevention Program Coordinator

North Carolina Division of Public Health

Meg.sargent@dhhs.nc.gov

DIABETES**FREE** NC



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Special Opportunity for Accelerated Medicare DPP Recognition

- ADA-recognized and ADCES-accredited DSMES organizations have a special opportunity to accelerate participation in the Medicare Diabetes Prevention Program by fast-tracking to preliminary recognition
- Skips 12-18 months at pending recognition (when you're not eligible to bill)
- [Application due by February 9](#) (indicate you're an ADA or ADCES DSMES provider)
- Opportunities for DPP Lifestyle Coach Scholarships
- Those sites currently at pending recognition will also be fast-tracked to preliminary recognition by emailing NationalDPPAsk@cdc.gov



Reach out to Meg Sargent, DPP Coordinator for DHHS, for technical assistance and information on Lifestyle Coach trainings

Meg.Sargent@dhhs.nc.gov



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Diabetes Advocacy

Erin Callahan and Stewart Perry
Diabetes Leadership Council



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Break
10 minutes



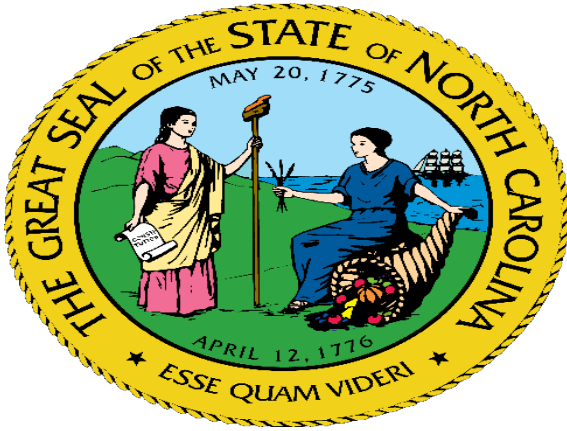
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Diabetes Performance Improvement Plan

Brianne Davis
Nurse Quality Improvement Manager
Division of Health Benefits



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NC Department of Health and Human Services

North Carolina Standard Plan

Diabetes Management Collaborative at the Diabetes
Advisory Council Meeting

February 2, 2024

Nurse QI Manager- Quality Management-Quality Improvement
Brienne Davis, MSN, APRN, CSM, SSM, CSSYB

Agenda



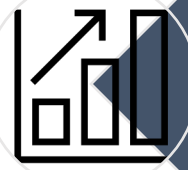
**Performance Improvement Projects (PIP)
Background**



**Diabetes Management Collaborative Mission and
Aim Statement**



Measuring Improvement



**Diabetes Self- Management Education Support
Services (DSMES) Intervention Effectiveness
Measures**



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Performance Improvement Project Background

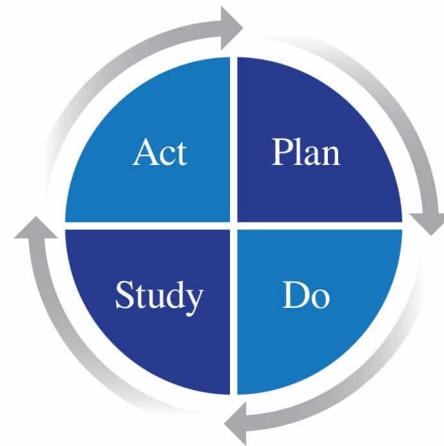


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Performance Improvement Projects Background

As part of a comprehensive quality assessment and performance improvement (QAPI) program, states must require managed care plans to implement performance improvement projects (PIPs).

States must require plans to conduct clinical and nonclinical performance improvement projects to examine access to and quality of care.



Performance Improvement Projects

Standard Plans are required to conduct Performance Improvement Projects (PIPs) that:



Designed to achieve significant improvement, sustained over time, in health outcomes and enrollee satisfaction



Include measurement of performance using objective quality indicators;



Include implementation of interventions to achieve improvement in access to and quality of care;



Include evaluation of the effectiveness of the interventions; and



Include planning and initiation of activities for increasing or sustaining improvement.



Address disparities and promote health equity

Standard Plan PIPs

1. Child and Adolescent Immunizations
- 2. Diabetes Management in Adults**
3. Prenatal and Postpartum Care
4. Health Related Resource Needs Screening

Diabetes Management Learning Collaborative



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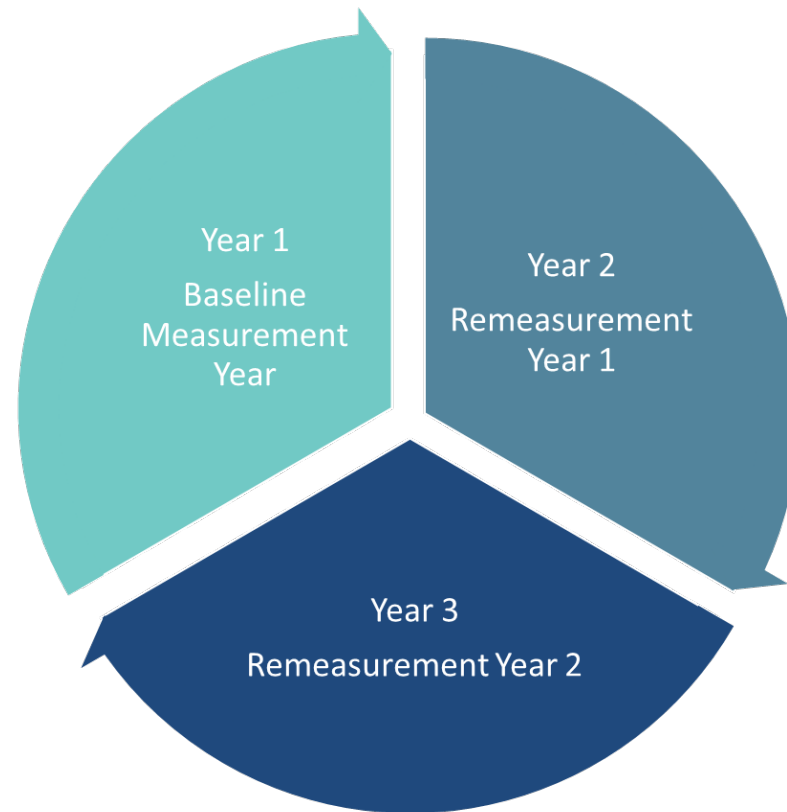
Diabetes PIP Collaborative Mission



The Collaborative seeks to elevate and transform diabetes care in NC through strategic partnerships, data-driven improvements, and a commitment to sustainable health outcomes and member empowerment.

Diabetes Management Collaborative Aim Statement

The North Carolina Standard Plan Diabetes Management Collaborative aims to improve performance by 1.67% for each year for 3 years relative to aggregate Standard Plan performance through targeted interventions.



Measuring Improvement

DHB's Move to Improve the Diabetes PIP CY2024

The Diabetes Care PIP Primary Indicator will be expanded to encompass both sub measures for GSD.

- Glycemic Status (<8.0%) and Glycemic Status(>9.0%)

Due to data quality issues for the GSD measure (formally HBD), DHB has elected to provide the plans with the following intervention effectiveness measures to optimize members health outcomes and data collection.

- Standard Plans adopted Diabetes Self-Management Education Classes (DSMEs) as the first intervention effectiveness measure.



DHB Recommended Intervention Effectiveness Measures

Education and Lifestyle Interventions:

1. **Diabetes management classes:** Structured sessions aimed at educating patients about diabetes management. Medication adherence, and lifestyle modifications.
2. **Nutrition counseling:** Personalize medical nutrition therapy with a registered dietitian or certified nutritional professional
3. **Value Added Services (VAS):** DHB recommends each plan utilizing their VAS and tailoring it to meet the unique needs of diabetic beneficiaries to enhance their overall care experience and participation to improve his/her health.

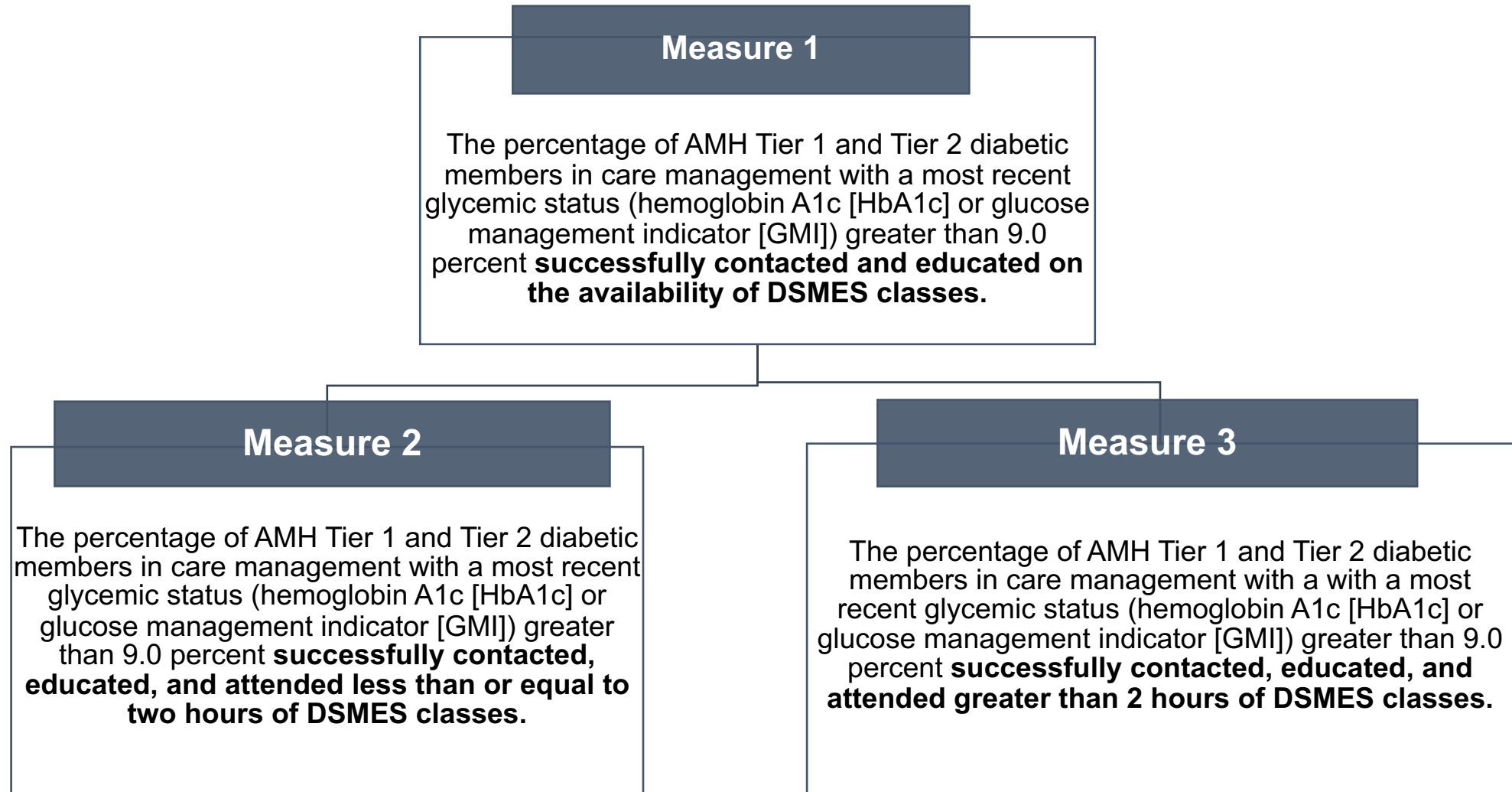
Diabetes Management and Monitoring:

4. **Diabetes-associated conditions testing:** Regular screenings and test to detect and manage potential complications and comorbid conditions associated with diabetes.



Diabetes Self- Management Education Support Services (DSMES) Intervention Effectiveness Measures

Implementation of DSMES Effectiveness Measures



Q & A

Maximizing Engagement in DSMES Classes

1. Promotion of Diabetes Education Classes:

- What recommendations can you provide for health plans to effectively promote the availability of Diabetes Self-Management Education Support services classes?

2. Incentivizing Participation:

- What incentives would be most effective in encouraging full participation in Diabetes Self-Management Education Support services classes, based on your experience?

3. Communication of Value:

- How can we best communicate the value of Diabetes Self-Management Education Support services classes to the community and encourage participation?

4. Enhancing Utilization and Understanding:

- Considering the novelty of these interventions, what are your insights on enhancing understanding and utilization among our diabetic members?

Closing

Stay in Touch: Key Contacts for Continuous Collaboration

- **Primary Contact:** Brianne Davis, MSN, APRN- Nurse Quality Improvement Manager
 - brianne.davis@dhhs.nc.gov
- **Secondary Contact:** Chelsea Gailey, MPH- Senior Manager of Quality Improvement – Quality Management
 - chelsea.gailey1@dhhs.nc.gov

Diabetes Medication Updates

Marico Dove, PharmD
JanusRx



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Pharmacy Update

February 2, 2024

NC Diabetes Advisory Council
Raleigh, NC
Marico Dove, PharmD
February 2, 2024



Objectives

1

Discuss general pricing of commonly used insulin products



2

Review important information to consider when prescribing insulin products



3

Identify recently approved drugs for treatment of types 1 and 2 diabetes



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General Insulin Prices/Copays

Rapid Acting
Insulin Aspart (Novolog)
Insulin Lispro (Humalog)

Short Acting
Novolin R, Humulin R

Intermediate Acting
Novolin N, Humulin N

Long Acting
Insulin Detemir (Levemir)
Insulin Glargine (Lantus, Basaglar)

Medicaid: \$4

Medicare: \$35

Private Insurance: varies

Non-Insurance: \$14.03 - \$568.58¹



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1. Prices, Coupons & Savings Tips. Goodrx.com. Accessed 1/21/24

2. Ahunna Freeman, PharmD, BCGP. Southside Discount Pharmacy. Winston-Salem, NC. 1/23/23.

Important Things to Consider When Prescribing Insulin

✓ Affordability

✓ Availability

✓ Quantity

Example:

Tresiba (degludec) 100 units/mL pen

1 box = 5 pens = 15mL = 1500 units

Tresiba (degludec) 200 units/mL pen

1 box = 3 pen = 9mL = 1800 units

✓ Patient Education & Training

✓ GOT NEEDLES???????



Latest FDA Approvals

Zituvimet Tablets
(metformin and sitagliptin)

Approved: 11/23

Zituvio Tablets
(sitagliptin)

Approved: 10/23

Lantidra Cellular Infusion Suspension
(donislecel-jujn)

Approved: 6/2023



Thank You!

Credits: This presentation was created with Slidesgo and Freepik.



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AHEC Digital Library

Janice Moore, AHEC



North Carolina Diabetes Advisory Council

Library Services

Janice Moore, MLS
Professional Outreach Librarian
Ph: 336-618-0310
jdmoores@wakehealth.edu

Northwest AHEC Serves 17 Counties

Some of the services provided:

1. Document Delivery
2. Interlibrary Loan
3. One on One Training to Access Information
4. *Literature Searches-Using Medical Databases*
 1. *Medline*
 2. *CINAHL (Cumulative Index Nursing Allied Health Literature)*
 3. *PubMed*
 4. *NCLive*

Please do not Google for information. You have evidenced-based information available through many healthcare resources



Objectives (Evidence-Based Resources)

- Review the AHEC Digital Library website
- Review NC Live website
- Review Medlineplus.gov

North Carolina AHEC Digital Library

<https://library.ncahec.net/>

- Journals
- eBooks
- Health Topics
- Research Guides
- CPD
- Patient Education
- Services



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AHEC Digital Library (ADL)

- The ADL is a portal to AHEC library services, information, and education. The ADL ensures that all providers in the state have high quality health information readily available through a variety of membership categories, ranging from access to free resources to paid subscriptions. By using the ADL, you can get full-text journals, books, and electronic databases of the literature, as well as links to carefully evaluated health information websites and clinical and educational tools.
- Free resources
- Paid Subscriptions



NC Live

<https://www.nclive.org/>

- Scholarly Articles
- News and Magazines Articles
- eBooks
- Videos



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NCLIVE

- NCLive is North Carolina's statewide library for online resources.
- All North Carolinians may use NCLive resources through their local library. These online resources are designed for at-home use and are available from any internet connection via library websites, and through nclive.org. (This is a free resource).
- The way to access NCLive resources is by using a Library Card. You may access a Library Card through your public library.



MedlinePlus

<https://medlineplus.gov/>

- Health Topics
- Drugs & Supplements
- Medical Tests
- Videos and Tools



North Carolina Diabetes Advisory Council

MedlinePlus

- This is a free resource with no password and no username.
- It has no advertisement
- MedlinePlus is a service provided by the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).
- MedlinePlus is an online health information resource for patients and their families, and friends.

References

- Carpenter Library (WF) webpage:
<http://www.wakehealth.edu/Library/>
- MedlinePlus:
<https://medlineplus.gov/>
- NC Live:
<https://www.nclive.org/>
- North Caroling AHEC Digital Library:
<https://library.ncahec.net/>

Workgroup Breakout Sessions



North Carolina Diabetes Advisory Council

DAC Workgroups Overview

Membership Workgroup

The purpose of this workgroup is to develop a standardized process for identifying and engaging a diverse group of diabetes professionals to join the NC DAC as either stakeholders or voting members.

Activities may include:

- 1) Developing a member survey to send to multi-disciplinary networks or organizations,
- 2) Assist the NC DAC leadership team in increasing awareness of the Council to individuals and organizations that are involved in diabetes care, education and advocacy.

This group would also identify gaps in our membership against the list of member representatives desired and then reach out to those orgs to request representation.

Abstract Workgroup

The purpose of this workgroup is to develop a standard presentation including talking points and handouts for any NC DAC representatives who are interested in submitting abstracts to state, national or international meetings or conferences.

Interest Survey Workgroup

The purpose of this workgroup is to develop an interest survey for current NC DAC voting members and stakeholders to identify professionals who desire to:

- 1) Continue to serve as voting members
- 2) Move from serving as stakeholders to voting members,
- 3) Increase involvement in the NC DAC by leading or participating in new workgroups, or
- 4) Present on current or future diabetes work during upcoming NC DAC meetings or other state or national professional meetings



North Carolina Diabetes Advisory Council

Upcoming DAC Meetings

Friday, May 17, 2024

In-Person at The McKimmon Center for Extension and Continuing Education
1101 Gorman Street, Raleigh, NC 27606

Virtual Option Available

diabetesnc.com/diabetes-advisory-council



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