



North Carolina Diabetes Advisory Council

Date of Meeting:	5/17/2024	Time:	9:30 am - 12:30 pm
Minutes Prepared by:	Dominique Ashley	Location:	In-Person Meeting at The McKimmon Conference and Training Center Virtual Meeting via GoToMeeting
Attendance at Meeting:	<p>Attendees Present In-Person: Members: Joanne Rinker, Chris Memering, Dr. Susie Houston, Julie Paul, Laura Edwards, Marico Dove, Natasha Vos, Paul Bray</p> <p>Stakeholders & Guests: Claudia Giraldo, Corissa Payton, Dominique Ashley, Dr. Asha Bohannon, Jaime Pearce, Kelly Kavanaugh, Kevin Piezer, Nancy Kate Durham, Rebecca Vitale, Stacy Burgin</p>		
<p>Attendees Present Online: Members and Liaisons: Ciara Ruske, Joe Konen, Kathy Dowd, Leonor Corsino</p> <p>Stakeholders and Guests: Amy Matthis, Antoinette Stein, Beth Shook, Blake Gard, Brad Denmeade, Carrie Elmore, Charlene Wallace, Cindy Stevenson, Dorothea Brock, Dr. Tiffany Crank, Erick, Eva Powell, Franklin Walker, Giselle Blair, Jasmine, Kaye Kramer, Kim Barnette, Kim McDonald, Kristen Srouji, Lee Lillard, Melissa Fabrikant, Melissa Papadopoulous, Monica Billger, Natalie Elleso, Robin Zeigler, Sharon Tarver, Susan Spratt, T. Tatem, Tara White, Tish Singletary</p>			

Meeting Highlights

Topics and Points of Discussion	
1. Welcome and Approval of February 2, 2024, Meeting Minutes	<ul style="list-style-type: none"> - Chris Memering, North Carolina Diabetes Advisory Council (NC DAC) Co-Chair, welcomed all participants and called for approval of the February 2, 2024, meeting minutes.
2. Announcements	<p>The next DAC Meeting date has been changed to October 11, 2024. The meeting will be held at the McKimmon Center with a virtual option.</p> <ul style="list-style-type: none"> - The DAC Newsletter has been sent out. Thank you to Kathy Dowd from the Audiology Project and Casey Collins from the NC Prevents Diabetes for their newsletter contributions. - Upcoming Diabetes Conferences – Local



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- NC School Health Nurse Conference on December 12-13, 2024, in Greensboro, NC. Presentations and Speaker Submission Form Link: https://unc.az1.qualtrics.com/jfe/form/SV_6m0Sjqtilm1rGya
- Upcoming Diabetes Conferences- National:
 - ADA 84th Scientific Sessions on June 21-24, 2024, in Orlando, FL or Virtual. Registration link: <https://professional.diabetes.org/scientific-sessions>.
 - ADCES24 on August 9-12, 2024, in New Orleans, LA or Virtual. Registration link: <https://www.adcesmeeting.org/>
- Diabetes Summer Camps
 - Several summer camps are currently seeking volunteers: Camp Morris in King, NC; Cape Fear Valley Diabetes Camp in Parkton, NC; Camp Needles in the Pines in Blounts Creek, NC; and Camp Kudos in Fort Mill, SC.

3. CDC DP23-2320: A Strategic Approach to Advancing Health Equity for Priority Populations with or at Risk for Diabetes

- Corissa Payton discussed the 5 year cooperative agreement and its three components.
 - DHHS – Community and Clinical Connections for Health and Prevention Branch: Component A focus is on enhancing access and participation in DSMES services, complementary diabetes support programs, and screenings for retinopathy and chronic kidney disease among priority populations with diabetes. Additionally, efforts aim to implement evidence-based childhood obesity interventions, expand delivery sites for DSMES and National DPP within pharmacy networks, and strengthen the capacity of the diabetes workforce to address social determinants of health.
 - Clemson University - Component B involves establishing a cooperative agreement with North Carolina State University to expand the Health Extension for Diabetes program, which includes implementing an evidence-based, ADA practice-tested diabetes support program in Bertie, Halifax, Northampton, and Hertford Counties.
 - ADCES, Natalie Elleson, Project Director - Component B aims to better serve individuals across the lifespan by implementing evidence-based community behavioral change programs related to diabetes management, type 2 diabetes prevention, and childhood obesity management while partnering with federally qualified health centers (FQHC)s.
 - Kaye Kramer, Vice President of Diabetes Prevention with American Diabetes Association - The overarching goal is to establish a collaborative ADA Network to scale and sustain efforts to reduce type 2 diabetes risk among adults with prediabetes or at risk in the six target states, including North Carolina. The four strategies are: Administrative Infrastructure, Participant Referral Process, Program Delivery & Participant Support, and Payment/Coverage.

4. Diabetes Advisory Council Awards Open Today

- Nominations are open from May 17 until July 31, 2024
- The nomination requirements for letters of recommendation have been changed to one letter of recommendation instead of three.
- There are four categories:
 - Health Care Provider Award



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- John Bowdish Community Award
- Myrna Miller Employer Ward
- Hugh Young Diabetes Care and Education Specialist Scholarship

5. CMP Grant Opportunity

- Kathy Dowd presented the CMP Grant Opportunity, which is funded when skilled nursing facilities incur penalties for mistakes.
- Allowable uses of CMP Funds include consumer information, training to improve quality of care, and activities to enhance quality of life.
- To apply, facilities must have certification to serve Medicaid, with grant funding of \$5,000 per participating skilled nursing facility per year for grant timelines of 1-3 years, and potential refunds to other facilities in NC and other states if the grant is successful.

6. DPP Updates

- Dominique Ashley provided updates for the Diabetes Prevention Programs on behalf of Meg Sargent.
- Save the Dates
 - NC DPP Lifestyle Coach Networking Call: Tuesday, May 21, 2024 at 11 AM
 - NC Pharmacy DPP Learning Collaborative: Friday, July 12, 2024, at 11 AM
- Sign up for DPP updates via the DPP Lifestyle Coach Network Newsletter on the DiabetesFreeNC.Com website or by contacting Meg.Sargent@dhhs.nc.gov
- Special Opportunity for Accelerated Medicare DPP Recognition
 - ADA-recognized and ADCES-accredited DSMES organizations have a special opportunity to accelerate participation in the Medicare Diabetes Prevention Program by fast tracking to preliminary recognition.
 - Skips 12-18 months at pending recognition (when you're not eligible to bill)
 - On application indicate you're an ADA or ADCES DSMES provider
 - Opportunities for DPP Lifestyle Coach Scholarships
 - Those sties currently at pending recognition will also be fast tracked to preliminary recognition by emailing nationalDPPAsk@cdc.gov

7. DSMES Updates

- Corissa Payton provided updates for Diabetes Self-Management Education and Support Programs.
- Expansion of DSMES Services: We are expanding DSMES services to all 100 counties. Currently, 20 counties lack DSMES services.
- Improving Access to Diabetes Support Programs: Efforts are underway to enhance access to diabetes support programs through partnerships with Clemson and NSCU. These entities lead the work, and we provide support where possible.
- Pharmacy DSMES Support: We are continuing our pharmacy initiatives, intending to collaborate more extensively with statewide partners and pharmacy schools. The goal is to expose pharmacy students to DSMES earlier in their education.
- Integration of Behavioral Health and Diabetes Care: Work continues on integrating behavioral health and diabetes care and education. This effort will extend into year two, beginning in July, with a focus



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on enhancing the knowledge and skill sets of diabetes care and education specialists and increasing the number of behavioral health professionals trained in diabetes and diabetes distress.

- Increasing Workforce Capacity: Efforts are being made to increase workforce capacity to address factors related to social determinants of health.
- Contact Corissa Payton for questions or information. Corissa.Payton@dhhs.nc.gov 919.707.5436

8. Why are referrals to Diabetes Self-Management Education so Low? Policy Opportunities

- Dr. Susan Spratt and Anna Tharakan delivered the presentation, highlighting that only 7% of patients were being referred for Diabetes education, with a study indicating potential savings of \$5,287 for enrolled individuals in DSMES.
- With diabetes accounting for \$503.4 billion of national health expenditure, DSMES is advocated for its capacity to lower A1c levels and costs through proven strategies to enhance health behaviors and outcomes.
- Policy suggestions include expanding the pool of clinicians who can refer to DSMES, improving accessibility and timeliness of scheduling services, removing existing referral and scheduling requirements, eliminating coverage limits, prioritizing individualized care requirements, increasing workforce capacity, promoting benefits of DSMES to health systems, providers, and patients, exploring alternative technology solutions, and investing in research to enhance the perception and value of DSMES while improving its delivery and alternative technology solutions.

9. DAC Abstract Development Workgroup

- Claudia Giraldo presented the workgroup update.
- The abstract development workgroup recognized the need for updates to reflect current developments, address grammatical errors, introduce key concepts, and other improvements.
- The purpose of the guide is to provide basic information about diabetes and its effects, suggestions for prevention and management, and strategies for community groups, employers, and healthcare providers to gain knowledge about diabetes, engage in a person-centered treatment plan, and reduce the risk of diabetes-related complications.
- Timeline:
 - o Stage 1 (March/April): Members received their assignments and worked on identifying changes and making revisions.
 - o Stage 2 (May/June): A rough draft is being compiled for leadership review.
 - o Stage 3 (July/August): The guide will undergo revision with the DHHS Office of Communications.
 - o Stage 4 (September – February 2025): Guide designers will work on the electronic version. The goal is to have the electronic version ready by November, which is Diabetes Awareness Month. The printed version will be available anytime between December 2024 and February 2025.

10. NC Medicaid Updates

- Dr. Janelle White presented NC Medicaid Updates.



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- Discussed eligibility criteria for expansion and shared data regarding admission rates for short-term complications of diabetes for both pediatric and adult populations, metabolic monitoring for children and adolescents on antipsychotics, screening for individuals with schizophrenia or bipolar disorder who are using antipsychotic medications, statin therapy for patients with diabetes, and diabetes monitoring for individuals with diabetes and schizophrenia.
- NCDHHS has launched a dashboard to track monthly enrollment in NC Medicaid.
- There are four ways to apply for Medicaid: ePass, paper application, in person at local DSS office, and calling DSS office.
- Targeting interventions from the Pharmacy side to improve outcomes for which the data is showing.
- Interventions for managed care improvement plans included outreach, system changes to collect more accurate data, and increase value added benefits to improve management.
- Discussed NC's standard plan for Diabetes Management collaborative and the compliance with CMS standards that's mandated by federal partners to ensure managed care organizations implement performance improvement projects.

11. Membership Group Updates

- Natasha Vos presented the membership group updates.
- Key points:
 - o Process: The process involved reading through the membership sections of the bylaws, discussing the alignment of membership understanding with DAC direction, drafting a separate document outlining membership expectations, and reviewing the list of current members and affiliate organizations.
 - o Changes to bylaws: Replacing "stakeholders" with "collaborators" (stakeholder language), with additional adjustments such as replacing "removal" with "involuntary termination" and similar language adjustments.
 - o Membership Expectations: Members are expected to attend at least two out of three annual meetings, participate in committees or workgroups, OR arrange or present at meetings, sponsor new members and provide brief orientation, and inform co-chairs of any changes in affiliation.
 - o Onboarding: Upon acceptance of membership, new members commit to attending at least two out of three annual meetings, are paired with an existing member as a sponsor, and attend a brief orientation meeting with their sponsor to review the bylaws.
 - o Retention: All members serve three-year terms, with renewal confirmed by an NC DAC representative, departure notified to co-chairs via email, and membership organizations nominating replacements for approval by the membership committee upon departure.
 - o Representation: Some groups are currently underrepresented, including the NC Office of Minority Health and Health Disparities, organizations focused on diabetes prevention and management, the NC Quality Improvement Organization, faith-based organizations, the NC Office of Rural Health, PPOD+A groups, and individuals with diabetes.
 - o What's next?: Review the DAC membership list for accuracy in your current position and affiliations, email Corissa Payton (corissa.payton@dhhs.nc.gov) for any necessary changes, review proposed changes to the bylaws and membership expectations, and connect with the membership subgroup to invite individuals from identified groups.



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Next Meeting: Friday, October 11, 2024

9:30am – 12:30pm EST

McKimmon Center in Raleigh

diabetesnc.com/diabetes-advisory-council/

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