



North Carolina Diabetes Advisory Council

Date of Meeting:	5/23/2025	Time:	9:30 am - 12:30 pm
Minutes Prepared by:	Dominique Ashley	Location:	In-Person Meeting at The McKimmon Conference and Training Center Virtual Meeting via GoToMeeting
Attendance at Meeting:	Attendees: Members: Dr. Susan Spratt, Joanne Rinker, Amy Johnson, Anne Kome, Cara Cortazzo, Cecilia Batchelor, Chris Memering, Giselle Blair, Jennifer Pike, Keisha Lewis, Laura Emerson Edwards, Marico Dove, Natasha Vos, Paul Bray, Shay Webb, Shiv Patil, Susie Houston, Tj Evans Collaborators & Guests: Abiade Ogunsola, Angela Beebe, Angelique Livingston, Brock Woodis, Christy O'Connor, Claudia Giraldo, Corissa Payton, Dominique Ashley, Gerri Ashe, Jasmine Westbrooks, Katherine Combs, Meg Sargent, Meredith Mitchell, Monica Billger, Nicholas Bailey, Renea Martin, Sara Foreman, Stacey Burgin, Stephanie Martin, Tara Gregory, Teju Lakkundi, Terrace Erler, Tish Singletary, William Pertet		

Meeting Highlights

Topics and Points of Discussion

1. Welcome and Approval of February 2025, Meeting Minutes

- Joanne Rinker and Dr. Susan Spratt, North Carolina Diabetes Advisory Council (NC DAC) Co-Chairs, welcomed all participants and called for approval of the February 2025, meeting minutes.

2. Announcements

- The DAC Newsletter has been sent out. Thank you everyone for their contributions.
- Upcoming Diabetes Conferences and events
 - o Diabetes Summer Camps
 - [Diabetes Adventure Camp | June 19-22 | Parkton, NC](#)
 - [Camp Morris | June 22-28 | King, NC](#)
 - [Camp Kudos | July 18-20 | Fort Mill, South Carolina](#)
 - [Camp Carolina Trails | August 3-7 | Randleman, North Carolina](#)
 - o The Audiology Project State Cohort Meeting will be held on June 3rd at 7:00 PM EST via Zoom.
Register here: [TAP Cohort Meeting](#)



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- Healthy Opportunities Pilots Advocacy Day will take place on June 4th, starting at 8:30 AM in Raleigh, NC.
For more information, visit: [HOP Advocacy Day 2025](#)
- Monica Billger, Director of State Government Affairs at the American Diabetes Association, provided a brief update on the Maryland bill and the ongoing work in North Carolina.
She can be contacted at MBillger@diabetes.org for more information.
- October 3rd DAC Meeting
 - [DAC Awards and Scholarship](#) Presentation Ceremony
 - Nominations for the 2025 DAC Awards are open from May 1 through July 31. Award recipients will be honored on October 3, 2025, during the DAC Meeting.
 - Research Poster Display
 - The NC Diabetes Advisory Council (DAC) invites Collaborators and Members to showcase their diabetes-related research posters at the upcoming meeting.
Submit your poster here: [Diabetes Research Posters Submissions](#) by the September 12th deadline.
 - Join a Workgroup and Get Involved!
 - We are sunsetting the previous workgroups and launching four new ones. Anticipated time commitment is 4-6 hours a year.
If you're interested in signing up, please visit: [NC Diabetes Advisory Council Workgroup Sign Up](#)
 - **Membership Engagement:** Supports the NC Diabetes Advisory Council by reviewing membership applications, recommending qualified candidates, and identifying partners to promote diverse, inclusive representation and statewide impact.
 - **T1D:** Monitors trends, identifies unmet needs, and guides strategies to improve awareness, care, and outcomes for individuals with type 1 diabetes in North Carolina.
 - **Diabetes Guide Promotion and Outreach:** Leads efforts to increase awareness and utilization of the North Carolina Guide to the Prevention and Management of Diabetes.
 - **Emerging Science and Evidence:** Tracks emerging research and innovations in diabetes care, identifying key topics, thought leaders, and DAC meeting speaker recommendations to keep the Council's work timely, evidence-based, and impactful..
 - First Workgroup Meetings: Wednesday, June 18
 - 8:00 – 8:30am Membership Engagement Workgroup
 - 8:30 – 9:00am Type 1 Diabetes Trends and Needs Workgroup
 - 9:00 – 9:30am Diabetes Guide Outreach and Evaluation Workgroup
 - 9:30 – 10:00am Emerging Science and Evidence Workgroup

3. Clinic to Community Linkages, Diabetes Prevention Program

- Kat Combs, Association Director of Community Health at the YMCA of the Triangle, presented on successful collaborations with healthcare providers, including the development of a technology integration plan for electronic health records, the importance of physician education and engagement, strategies to close communication loops, and the need for policy support, funding, and long-term sustainability. She can be contacted at Kat.Combs@YMCATriangle.org for additional questions.

4. Shifting Your Mindset: Providing Culturally Relevant Diabetes Nutrition Education

- Jasmine Westbrook-Fiagro, co-founder of EatWell Exchange, presented on innovative and culturally relevant approaches to diabetes prevention, emphasizing hands-on culinary



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education, community engagement, and patient-driven lifestyle interventions. She can be contacted at jasmine@eatwellexchange.org for additional questions.

5. Mastering Medication Access and Affordability: Diabetes Edition

- Anne Komé, Clinical Pharmacist Practitioner at UNC Health, discussed the healthcare payer mix in North Carolina, initiatives related to diabetes medications and select devices, as well as barriers and proactive strategies to improve medication access. She can be reached at Anne.Kome@unchealth.unc.edu for additional questions.

6. Proposed Medicaid Cuts and Call to Action

- We had a brief discussion of the upcoming budget reconciliation bill, focusing on proposed changes to Medicaid and SNAP programs. We will continue to monitor Senate actions after Memorial Day and assess potential impacts on state policies by the end of June.
- Let your congressional representatives and senators know where you stand on diabetes-related legislation by visiting [Take Action on Diabetes Bills in Congress](#).

7. Meeting Wrap-Up & Action Items

- CEU Attendance Sheet and Duke Portal Registration
 - o Pharmacists need to claim their credits within 60 days
 - o Duke Portal registration is due by May 30, 2025.
- [Sign-up for a Workgroup](#)
- [Nominate someone for the 2025 DAC Awards and Scholarship](#)
- [Get your research posters ready for October and submit request to present](#)

Next Meeting: Friday, October 3, 2025

9:30am – 12:30pm EST

McKimmon Center in Raleigh

diabetesnc.com/diabetes-advisory-council/

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