



North Carolina Diabetes Advisory Council

Welcome

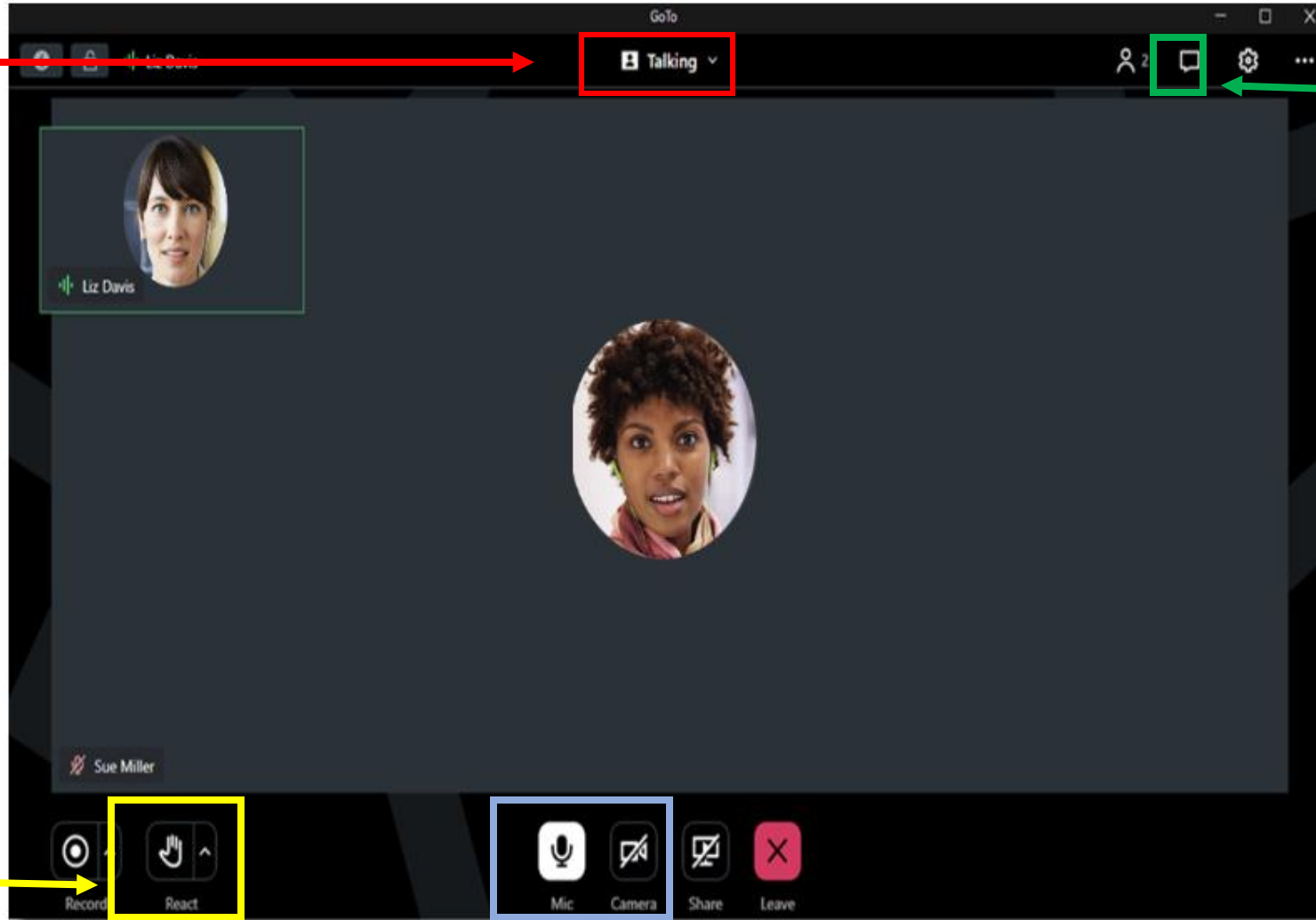
Friday, May 23, 2025



North Carolina Diabetes Advisory Council

GoToMeeting Housekeeping: What You See as an Attendee

Change
your view
and how
you see
participants
and
speakers



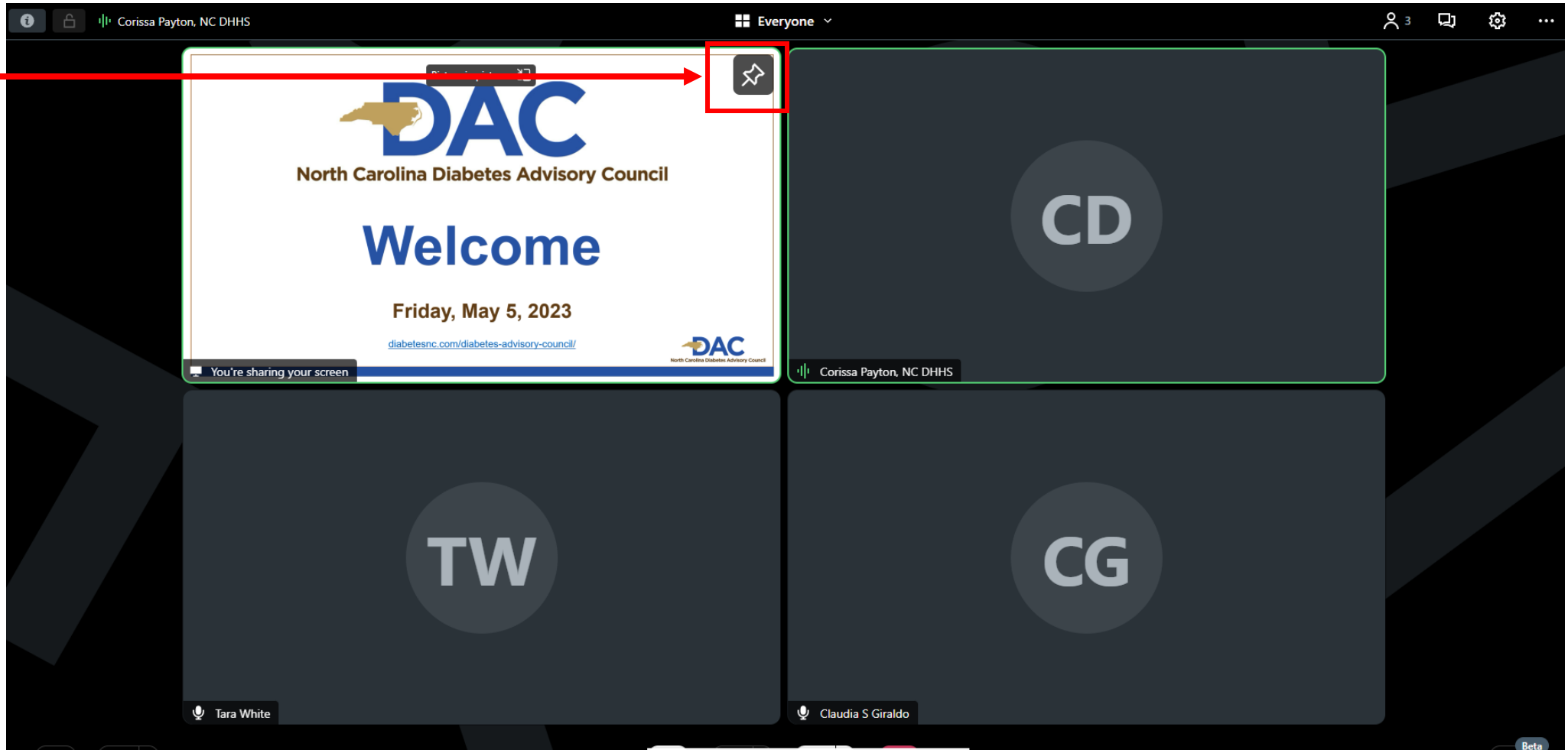
Chat box

Raise
your
hand and
other
reactions

Mic (mute) and Camera

GoToMeeting Housekeeping: What You See as an Attendee

Use the Push Pin icon to pin the slideshow to make it the main screen



GoToMeeting Housekeeping: What You See as an Attendee

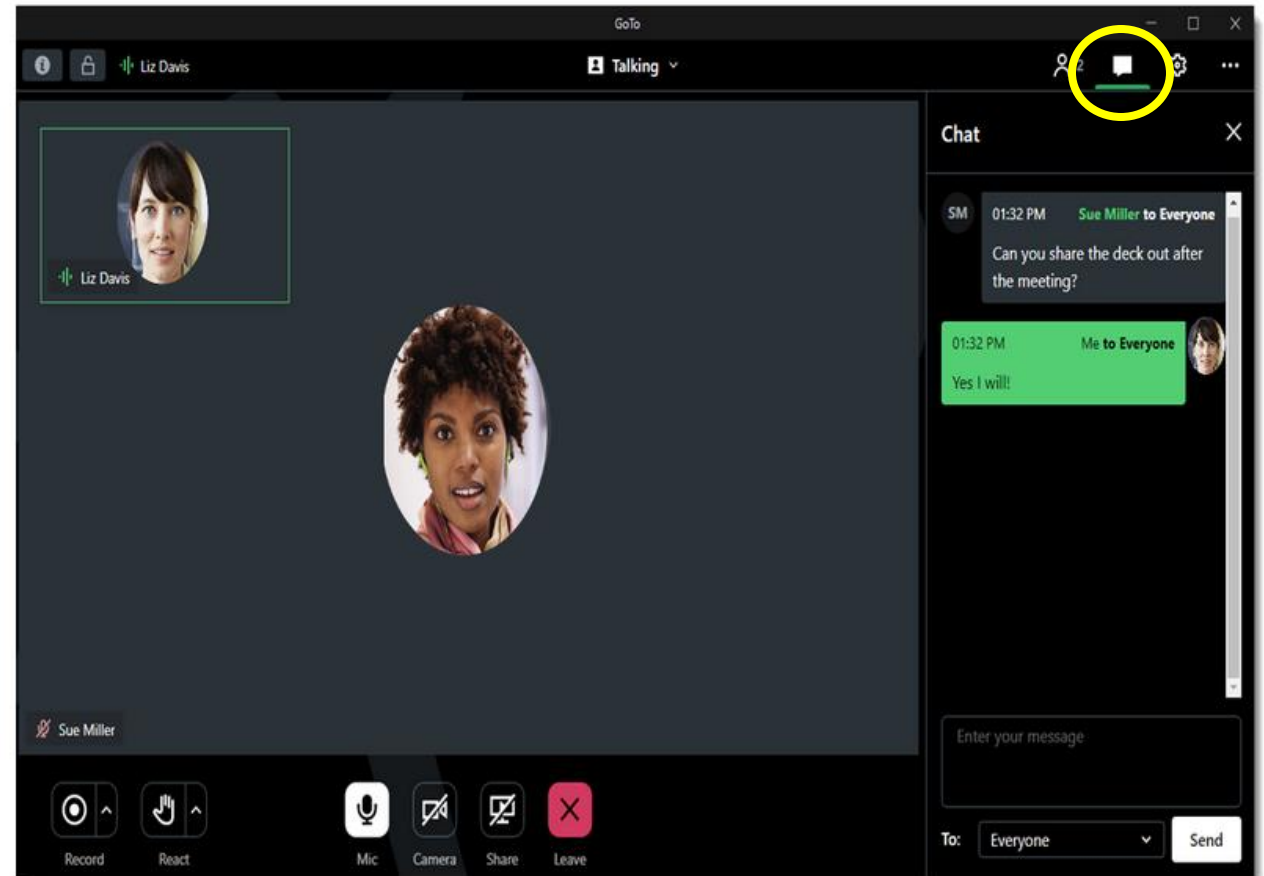
Then it
should be
the main
screen



Roll Call

Please enter the following information in the chat for our attendance records:

Name
Organization/Affiliation
Email Address



diabetesnc.com/diabetes-advisory-council/



North Carolina Diabetes Advisory Council

Introductions and Welcome of New Members

WELCOME
OUR NEW
MEMBERS!



North Carolina Diabetes Advisory Council

DAC Voting Members

Joanne Rinker, Co-Chair	Leigh Fickling*
Susan Spratt, Co-Chair	Leonor Corsino
Anne Kome*	Linda Minges*
Billy Tart*	Linda Wooley
Cara Cortazzo*	Marico Dove
Carmen Samuel-Hodge	Marie Polanco*
Caroline Blackwell Young	Natasha Vos
Cecilia Batchelor*	Paul Bray
Christine Memering	Sharon Pearce
Crystal Wimes-Anderson*	Shay Webb*
Debra A. Neblett*	Shelly Cristobal*
Diana Laursen	Shiv Patil*
Fredda Otero*	Susan Houston
Gideon Adams	TJ Evans
Giselle Blair*	Twanna Joyner-Jones*
Jaime Pearce*	Victoria Bouhairie*
Janice Lockridge Brown*	Wanda Lakey*
Jennifer Pike*	
John Buse	DHHS Liaison Members
Joie Cook*	Amy Johnson/Donna Daughtry
Julie Paul	Erin Brown
Kathy Dowd	Joyce Swetlick
Keisha Lewis*	
Laura Edwards	

*Indicates a new member



North Carolina Diabetes Advisory Council

Don't Forget to Sign In!

- **This meeting will offer the opportunity for participants to earn Continuing Education Unit (CEU) credits.** *Some professionals may be eligible to receive credits based on their specific credentials. Participants whose credentials are not explicitly listed should consult their credentialing organization or certifying agency to confirm whether CEUs from this meeting will be accepted.*
- **To receive CEUs for this meeting, please sign in using the QR code below.**



Agenda

- Welcome, Introductions and Review and Approval of February 2025 Highlights
- Announcements
- 2024 DAC Scholarship Recipient
- Clinic to Community Linkages, Diabetes Prevention Program
- Break
- Shifting your mindset: Providing Culturally Relevant Diabetes Nutrition Education
- Mastering Medication Access and Affordability: Diabetes Edition
- Meeting Wrap-Up & Action Items

Past Diabetes Advisory Council Meetings

2024

October 11, 2024

[Watch the Recording](#)

- [Meeting Agenda](#)
- [Meeting Highlights](#)
- [Meeting Slides](#)

May 17, 2024

[Watch the Recording](#)

- [Meeting Agenda](#)
- [Meeting Highlights](#)
- [Meeting Slides](#)

February 2, 2024

[Watch the Recording](#)

- [Meeting Agenda](#)
- [Meeting Highlights](#)

diabetesnc.com/diabetes-advisory-council/



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Laura Edwards	

Announcements

Dr. Susan Spratt
Joanne Rinker



North Carolina Diabetes Advisory Council

DAC Newsletter

<https://www.diabetesnc.com/>



North Carolina Diabetes Advisory Council

Newsletter | January 2025



From the Desk of Our Co-Chairs

Thank you to everyone who contributed to the Spring DAC Newsletter!



North Carolina Diabetes Advisory Council

Diabetes Summer Camps

- [Diabetes Adventure Camp | June 19-22 | Parkton, NC](#)
- [Camp Morris | June 22-28 | King, NC](#)
- [Camp Kudos | July 18-20 | Fort Mill, South Carolina](#)
- [Camp Carolina Trails | August 3-7 | Randleman, North Carolina](#)

TAP Cohort Meeting

JOIN THE TAP STATE COHORT
MEETING JUNE 3RD @7PM EDT
TIME!!

Audiology in
Diabetes
Management

TAKE CHARGE OF YOUR DIABETES



Healthy Ears

Did you know that diabetes can harm your hearing and your balance? The good news is you can take steps to hear well and reduce your risk of falls. You've already taken an important step by finding this guide!

Tips to Keep Your Ears Healthy

• **Make an appointment with a health care provider called an audiologist (aw-dee-oh-uh-jist) to check your hearing and balance as soon as you are diagnosed with diabetes.**

• Bring a list of your medications and any illnesses and hospitalizations.

• Your audiologist will look at your history and test results to help you, parents or deal with ear problems.

• Your audiologist can tell you why it's important to get hearing and balance. For example, you can:

• Hear and understand things that mean like train whistles, doorbells, and chair wheels.

• Hear clear your ears with objects like cotton swabs, pencils or "poor" tips.

• Get a hearing aid. You can work with a deaf team or diabetes educator to make a healthy hearing plan.

• Ask your doctor or pharmacist if any of your medicines could harm your hearing. Share this information with your audiologist.



Visit your audiologist right away if you:

• Hear ringing or other noise in your ears or head.

• Have problems hearing or understanding your balance.

• Become dizzy, fall, or feel unsteady you could fall.

• Have a sudden change in how clearly you can understand what people are saying.

• Have trouble understanding what people are saying because of background noise.

• Feel like people are mounding when they talk to you.

Regular exams help your audiologist find and treat ear problems early to protect your hearing and balance. Find a provider in your area at the American Academy of Audiology website.



THE AUDIOLOGY PROJECT IS HELPING
STATES ORGANIZE FOR HEARING LOSS
AWARENESS AS PART OF DIABETES
CARE



North Carolina Diabetes Advisory Council

Healthy Opportunities Pilots Advocacy Day June 4, 2025



North Carolina Diabetes Advisory Council

Policy Update

Monica Billger
American Diabetes Association



North Carolina Diabetes Advisory Council

2025 DAC Meeting Dates

October 3, 2025

DAC Awards and Scholarship Presentation Ceremony

&

Research Poster Display

**Meeting will be held at the McKimmon Center in Raleigh
with a virtual option.**

2025 DAC Awards

- Nominations for the 2025 DAC Awards are open from May 1 through July 31
- Applications can be found on www.diabetesnc.com
- We're looking for 3 volunteers to serve on the DAC Awards Review Committee

2024 DAC Hugh Young Diabetes Care and Education Specialist Scholarship Recipient

Lynsi Beers, RD, LDN
Pinehurst Medical Clinic

Join a Workgroup and Get Involved!

- **Membership Engagement:** Supports the NC Diabetes Advisory Council by reviewing membership applications, recommending qualified candidates, and identifying partners to promote diverse, inclusive representation and statewide impact.
- **T1D:** Monitors trends, identifies unmet needs, and guides strategies to improve awareness, care, and outcomes for individuals with type 1 diabetes in North Carolina.
- **Diabetes Guide Promotion and Outreach:** Leads efforts to increase awareness and utilization of the North Carolina Guide to the Prevention and Management of Diabetes.
- **Emerging Science and Evidence:** Tracks emerging research and innovations in diabetes care, identifying key topics, thought leaders, and DAC meeting speaker recommendations to keep the Council's work timely, evidence-based, and impactful.



North Carolina Diabetes Advisory Council

Join a Workgroup and Get Involved!

- **Anticipated Time Commitment: 4 – 6 hours a year**
- **First Workgroup Meetings: Wednesday, June 18**
 - 8:00 – 8:30am Membership Engagement Workgroup
 - 8:30 – 9:00am Type 1 Diabetes Trends and Needs Workgroup
 - 9:00 – 9:30am Diabetes Guide Outreach and Evaluation Workgroup
 - 9:30 – 10:00am Emerging Science and Evidence Workgroup



North Carolina Diabetes Advisory Council

Clinic to Community Linkages, Diabetes Prevention Program

Kat Combs, MPH
YMCA of the Triangle



North Carolina Diabetes Advisory Council

Break
10 minutes



North Carolina Diabetes Advisory Council

Shifting Your Mindset: Providing Culturally Relevant Diabetes Nutrition Education

Jasmine Westbrook-Figaro, MS, RD, LDN, CDCES
Eatwell Exchange



North Carolina Diabetes Advisory Council

Mastering Medication Access and Affordability: Diabetes Edition

Anne Komé , PharmD
UNC Health

Proposed Medicaid Cuts and Call to Action



North Carolina Diabetes Advisory Council

Meeting Wrap-Up & Action Items

- CEU Attendance Sheet and Duke Portal Registration
 - Pharmacists need to claim their credits within 60 days
 - Duke Portal registration is due by May 30, 2025.
- Sign-up for a Workgroup
- Nominate someone for the 2025 DAC Awards and Scholarship
- Get your research posters ready for October and submit request to present



North Carolina Diabetes Advisory Council

Upcoming DAC Meetings

Friday, October 3, 2025

In-Person at The McKimmon Center for Extension and Continuing Education
1101 Gorman Street, Raleigh, NC 27606

Virtual Option Available

diabetesnc.com/diabetes-advisory-council



North Carolina Diabetes Advisory Council