

Date of Meeting:	10/3/2025	Time:	9:30 am - 12:30 pm
Minutes Prepared by:	Dominique Ashley	Location:	In-Person Meeting at The McKimmon
			Conference and Training Center
			Virtual Meeting via Zoom
Attendance at Meeting: Attendees:			
J	Abby Ogunsola, Anne Kome, Anne Sutton, April Vaughan, Beth Shook, Beth Stout		
	Billy Tart, Birtha Shaw, Bradley Denmeade, Callie Huneycutt, Cara Cortazzo,		
	Carolina Siliceo Perez, Carol Holmes, Carmen Samuel-Hodge, Celmore, Chris		
	Memering, Christy O'Connor, Cindy O'Boyle, Cindy Zuniga Nolasco, Claudia		
	Giraldo, Crystal Mintz, Dailyn, Dailyn Chamnin, Debra Neblett, Denise Campbell,		
	DeVette Thomas, Devon Johnson, Dhdaughtry1, Diane Rinnix, Dorothea Brock,		
	Dostc, Elizabeth Baker, Elizabeth Dail, Emmanuelle Quenum, Erin Brown, Greg		
	Schiltz, Jaime Pearce, Janice Lockridge Brown, Jena Davis, Jen Morwick, Jennifer		
	Brown, Jennifer Hardee, Jennifer Pike, Jennifer Tuten, Jessica Webber, Jesse Nagel,		
	Joanna DiBenedetto, John Buse, Justin Kearley, Justin's iPhone, Keisha Lewis, Kelly		
	Wilson, Kim T, Lauren Schiavone, Laura Emery, Laura Hearn, Laura Richardson,		
	Leah Spare, Lee, Leonor Corsino, Lisa Duffy, Liz Steele, Lizeth Alcantar-Garcia,		
	Lynsi Beers, Maggie Blakemore, Marico Dove, Maria Willocks, Monica Billger,		
	Megan Blair, Melissa Fabrikant, Meri Mitchell, MWillocks, Natasha Vos, Nicolle		
	Miller, Nikki Clark, Patti Columbe, Paula Adolph, Phyllis Simmons, Rachel		
	Menechella, Rebekah Tallent, Regan Perry, RickC, Sarah Rouse, Shannon Holton,		
	Shawna Murrie, Sherry Capps, Stacey Burgin, Sue Liverman, Susan Houston, Susan		
	Spratt, The Help Center NC - Twana Joyner Jones, Ulva Little, Ulva Little-Bennett,		
	Wanda Lakey, William Pertet.		

### **Meeting Highlights**

## **Topics and Points of Discussion**

## 1. Welcome and Approval of May 2025, Meeting Minutes

- Joanne Rinker and Dr. Susan Spratt, North Carolina Diabetes Advisory Council (NC DAC) Co-Chairs, welcomed all participants and called for approval of the May 2025, meeting minutes.

#### 2. Announcements

- The Fall DAC Newsletter will be released in mid-October. If you'd like to contribute, please email Dominique at <a href="mailto:dominique.ashley@dhhs.nc.gov">dominique.ashley@dhhs.nc.gov</a>
- Join a Workgroup and Get Involved!
  - o If you're interested in signing up, please visit: NC Diabetes Advisory Council Workgroup
    Sign Up

- Membership Engagement: Supports the NC Diabetes Advisory Council by reviewing membership applications, recommending qualified candidates, and identifying partners to promote diverse, inclusive representation and statewide impact.
- T1D: Monitors trends, identifies unmet needs, and guides strategies to improve awareness, care, and outcomes for individuals with type 1 diabetes in North Carolina.
- Emerging Science and Evidence: Tracks emerging research and innovations in diabetes care, identifying key topics, thought leaders, and DAC meeting speaker recommendations to keep the Council's work timely, evidence-based, and impactful.
- Advocacy and Policy: Focuses on promoting policy, systems, and environmental changes that support diabetes prevention, management, and health equity. The group works to identify priority issues, build partnerships, and support efforts that advance sustainable improvements in diabetes-related outcomes across the state.
- 2025 DAC Membership Survey
  - Please take a moment to complete the annual <u>DAC Membership Survey for 2025</u>. Your responses are essential for helping us improve as an advisory council and for our efforts to reduce the burden of diabetes in North Carolina.
- 2026 DAC Meetings
  - o February 27<sup>th</sup>
  - o May 29<sup>th</sup>
  - October TBD
- Events
  - o 2025 State of Diabetes
    - Raleigh-Durham: November 3<sup>rd</sup> on the campus of NCCU at 11 AM
    - Charlotte: November 6<sup>th</sup> at Northern Eastern University at 9 AM
  - o ADCES Diabetes Technology Conference from December 12-13th in Chicago

#### 3. Innovations in Diabetes Care

Dr. John Buse, Professor at the UNC School of Medicine, presented on innovations in diabetes care. His presentation can be viewed in the recording of the October 3rd meeting, available on the <a href="DiabetesNC.com">DiabetesNC.com</a> website. He can be contacted at <a href="jbuse@med.unc.edu">jbuse@med.unc.edu</a> for additional questions.

#### 4. Poster Review

- DAC members and collaborators presented research posters. To view the posters, please watch the meeting recording available on <u>DiabetesNC.com</u>.

#### 5. Workgroup Updates

- T1D Trends and Needs
  - o Developing a one-page, North Carolina–specific snapshot of Type 1 Diabetes (T1D) resources.
  - o The February DAC Meeting will focus on T1D.
  - Next steps for the workgroup include finalizing and publishing the T1D one-pager, preparing for the February meeting, and continuing collaborations with partners across North Carolina.
- Emerging Science and Evidence
  - The Spanish version of *North Carolina's Guide to Diabetes Prevention and Management, 3rd Edition* has been completed and is available at <a href="https://www.diabetesnc.com/guide/">https://www.diabetesnc.com/guide/</a>.

# 6. Diabetes Self-Mangament Education and Support (DSMES) & Diabetes Prevention Program (DPP) Updates

- DSMES
  - 2024 Diabetes Self-Management Education and Support State Data Report
    - NC ranks in the top 10 states in the nation for DSMES
  - CDC Diabetes Management Collaborative (DMC)
    - DMC Key Milestone & Achievements: June 2024 August 2025
  - DPP
- o 66 CDC recognized DPP programs in NC
- o Decrease of DPPs in NC in recent years due to lack of funding
- o CHWs in Diabetes Prevention and Management
- o A community health worker (CHW) is a frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served.
  - Email Meg Sargent at <u>Meg.Sargent@dhhs.nc.gov</u> if you want to learn more about/work with CHWs
- o NC Diabetes Prevention and Mangement Pharmacy Collaborative
  - Wednesday, January 7, 2026 at 10 AM

#### **7. 2025 DAC Awards**

- Hugh Young Diabetes Care and Education Speaclialist Scholarhip, Lisa Duffy, BSN, RN
- John Bowdish Community Award, Sue B. Liverman, RN, CDCES
- Health Care Provider Award, Community Care Clinic of Franklin

#### 8. Meeting Wrap-Up & Action Items

- CEU Attendance Sheet and Duke Portal Registration
  - o Pharmacists need to claim their credits within 60 days
  - o Duke Portal registration is due by October 10, 2025.
- Sign-up for a Workgroup
- DAC Membership Survey for 2025

Next Meeting: Friday, February 27, 2025 9:30am – 12:30pm EST McKimmon Center in Raleigh

diabetesnc.com/diabetes-advisory-council/

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