



North Carolina Diabetes Advisory Council

Welcome

Friday, October 3, 2025



North Carolina Diabetes Advisory Council

Zoom Housekeeping: What You See as an Attendee



Change your view and how you see participants and speakers

Raise your hand

Chat box

Mic (mute) and Camera



North Carolina Diabetes Advisory Council

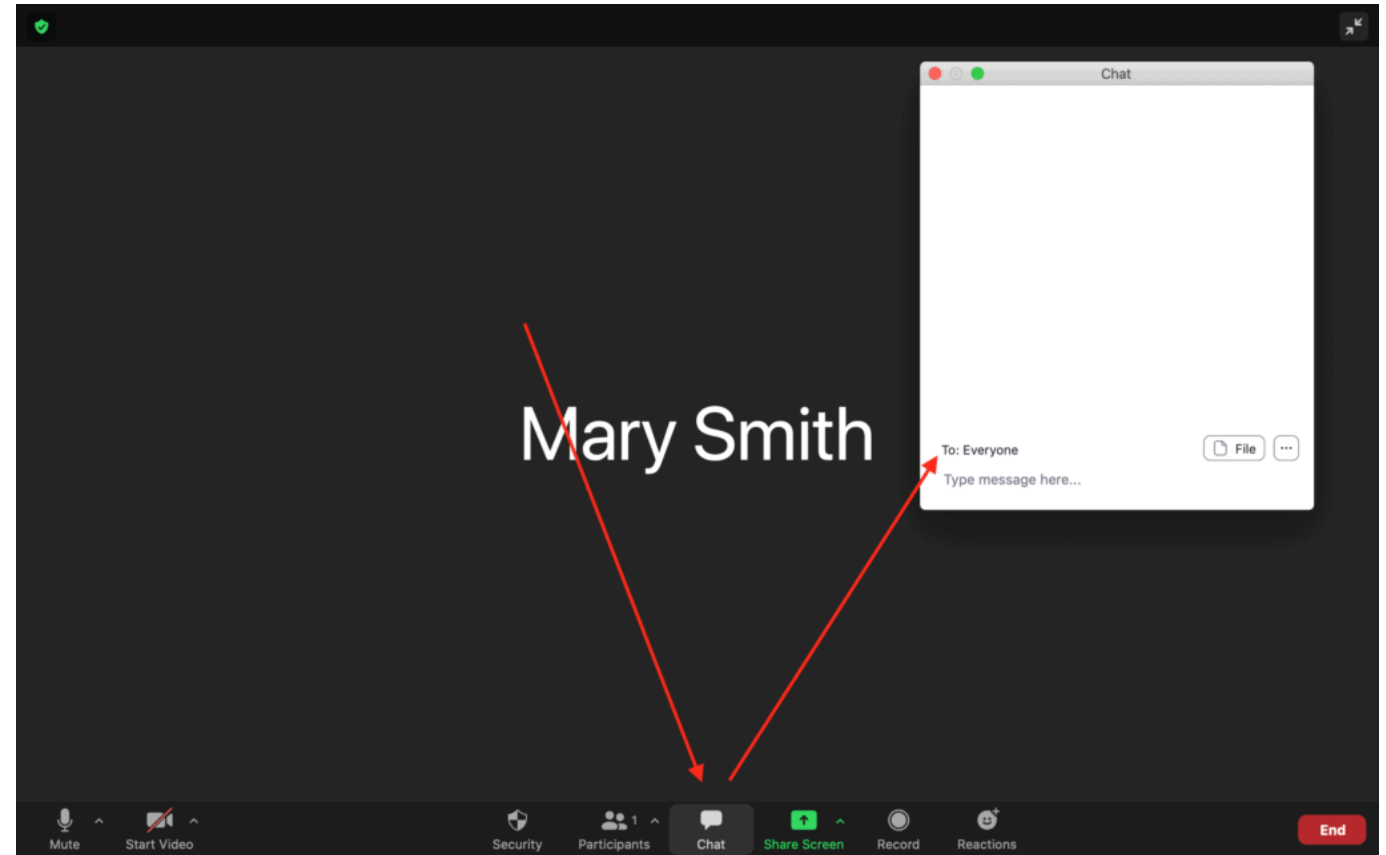
Roll Call

Please enter the following information in the chat for our attendance records:

Name

Organization/Affiliation

Email Address



diabetesnc.com/diabetes-advisory-council/



North Carolina Diabetes Advisory Council

Don't Forget to Sign In!

- **This meeting will offer the opportunity for participants to earn Continuing Education Unit (CEU) credits.** *Some professionals may be eligible to receive credits based on their specific credentials. Participants whose credentials are not explicitly listed should consult their credentialing organization or certifying agency to confirm whether CEUs from this meeting will be accepted.*
- **To receive CEUs for this meeting, please sign in using the QR code below.**



Agenda

- Welcome, Introductions and Review and Approval of May 2025 Highlights
- Announcements
- Innovations in Diabetes Care
- Poster Review
- Workgroup Updates
- Diabetes Self-Management Education and Support (DSMES) and Diabetes Prevention Program (DPP) Updates
- 2025 DAC Awards and Scholarship Presentation and Ceremony
- Meeting Wrap-Up & Action Items

Past Diabetes Advisory Council Meetings

2024

October 11, 2024

[Watch the Recording](#)

- [Meeting Agenda](#)
- [Meeting Highlights](#)
- [Meeting Slides](#)

May 17, 2024

[Watch the Recording](#)

- [Meeting Agenda](#)
- [Meeting Highlights](#)
- [Meeting Slides](#)

February 2, 2024

[Watch the Recording](#)

- [Meeting Agenda](#)
- [Meeting Highlights](#)

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North Carolina Diabetes Advisory Council

DAC Voting Members

Joanne Rinker, Co-Chair	Leigh Fickling*
Susan Spratt, Co-Chair	Leonor Corsino
Anne Kome*	Linda Minges*
Billy Tart*	Linda Wooley
Cara Cortazzo*	Marico Dove
Carmen Samuel-Hodge	Marie Polanco*
Caroline Blackwell Young	Natasha Vos
Cecilia Batchelor*	Paul Bray
Christine Memering	Sharon Pearce
Crystal Wimes-Anderson*	Shay Webb*
Debra A. Neblett*	Shelly Cristobal*
Diana Laursen	Shiv Patil*
Fredda Otero*	Susan Houston
Gideon Adams	TJ Evans
Giselle Blair*	Twanna Joyner-Jones*
Jaime Pearce*	Victoria Bouhairie*
Janice Lockridge Brown*	Wanda Lakey*
Jennifer Pike*	
John Buse	DHHS Liaison Members
Joie Cook*	Amy Johnson/Donna Daughtry
Julie Paul	Erin Brown
Kathy Dowd	Joyce Swetlick
Keisha Lewis*	
Laura Edwards	



Announcements

Dr. Susan Spratt
Joanne Rinker



North Carolina Diabetes Advisory Council

DAC Newsletter

<https://www.diabetesnc.com/>



North Carolina Diabetes Advisory Council

Newsletter | January 2025



From the Desk of Our Co-Chairs

The Fall DAC Newsletter will be released in mid-October. If you'd like to contribute, please email Dominique at dominique.ashley@dhhs.nc.gov



North Carolina Diabetes Advisory Council

Join a Workgroup and Get Involved!

- **Membership Engagement**
- **T1D Trends and Needs**
- **Emerging Science and Evidence**
- **Advocacy and Policy Workgroup**



North Carolina Diabetes Advisory Council

2025 DAC Membership Survey

Please take a moment to complete the annual DAC Membership Survey for 2025. Your responses are essential for helping us improve as an advisory council and for our efforts to reduce the burden of diabetes in North Carolina.



North Carolina Diabetes Advisory Council

2026 DAC Meetings

- **February 27th**
- **May 29th**
- **October TBD**



2025 State of Diabetes

Raleigh-Durham
North Carolina Central University
11/03/2025
11:00 AM - 2:00 PM



Charlotte
Northeastern University
11/06/2025
9:00 AM - 12:00 PM



North Carolina Diabetes Advisory Council

ADCES Diabetes Technology Conference

December 12 – 13
Chicago

**Scholarship opportunity
through ADCES
Foundation**



North Carolina Diabetes Advisory Council

Innovations in Diabetes Care

John Buse, MD, PhD

University of North Carolina School of Medicine



North Carolina Diabetes Advisory Council

Poster Review

30 minutes

Workgroup Updates

T1D Trends and Needs

Cara Cortazzo, Sanofi

Emerging Science and Evidence

Claudia Giraldo, CCCPH



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T1D Trends and Needs Workgroup

One-Page Resource

Goals: Create an easy-to-use, NC-specific snapshot of T1D

Audiences:
legislators, decision-makers,
leaders outside the T1D
community

Intent:
Provide credible, concise NC
data

Build awareness without stigma

Support advocacy conversations

DAC February Meeting (T1D Focus)

Goals:

- Share latest CGM technology and data
- Share screening and advocacy information

Next Steps for Workgroup

- Finalize & publish NC T1D one-pager
- Prepare DAC content & speakers for February meeting
- Ongoing collaboration across NC partners



Guía de Carolina del Norte Para La Prevención y El Manejo de La Diabetes **3.ª Edición**



La *Guía de Carolina del Norte para la Prevención y el Manejo de la Diabetes*, 3.ª edición, ofrece información actualizada sobre la diabetes en el estado, presenta estrategias de prevención y manejo para la comunidad, e incluye recomendaciones prácticas para personas interesadas, grupos comunitarios, empleadores y profesionales de la salud, con el fin de mejorar el manejo de la enfermedad y reducir sus complicaciones.

MANEJE EL PESO | VIVA LIBRE DE TABACO | PARTICIPE EN PROGRAMAS DE CAMBIO DE ESTILO DE VIDA
PARTICIPE EN EDUCACIÓN SOBRE LA DIABETES | PARTICIPE EN PLAN DE TRATAMIENTO | DUERMA LO SUFICIENTE

Acceda a la *Guía de Carolina del Norte para la Prevención y el Manejo de la Diabetes*, 3.ª edición, y conozca estrategias prácticas para reducir el impacto de la diabetes en nuestro estado.



diabetesnc.com/guide



Diabetes Self-Management Education and Support (DSMES) Updates

Corissa Payton
DSMES Quality Coordinator
NC Department of Health and Human Services

DSMES in North Carolina

2024 Diabetes Self-Management Education and Support State Data Report

- NC ranks in the **top 10 states in the nation** for DSMES
- 72 active programs | **6th highest in U.S.** (behind only the largest like TX, CA, NY, OH, and FL)
- 32,634 participants | More than every Southeast state except FL
- 3.2% of adults with diabetes reached | **5th in the U.S.** and above the national average of 3%



CDC Diabetes Management Collaborative (DMC)

Diabetes Organizations

- American Diabetes Association
- Association of Diabetes Care and Education Specialists
- Beyond Type 1
- Children with Diabetes
- Diabetes Leadership Council
- DiabetesSisters
- Diabetes by Design
- Taking Control of Your Diabetes

Faith-Based Organizations

- Balm in Gilead

Federal Agencies

- Centers for Disease Control and Prevention
- Centers for Medicare & Medicaid Services (CMS)
- Department of Defense
- Department of Veteran Affairs
- Indian Health Services

Universities/Medical Schools

- University of Illinois Chicago (UIC) Diabetes Empowerment Education Program (DEEP)

Population-Focused Health Organizations

- American Association on Health and Disability
- American Psychological Association
- Association of Asian Pacific Community Health Organizations
- Black Women's Health Imperative
- Migrant Clinicians Network
- National Alliance for Hispanic Health
- National Association of Pasifika Organizations
- National Black Nurses Association
- National Center for Rural Health Professions
- National Indian Health Board
- National Medical Association

Community Health Workers (CHWs)

- American Public Health Association (APHA) CHW Section Training and TA Committee
- National Association of Community Health Workers

Health Care Provider/Medical Professional National Organizations

- American Academy of Family Physicians
- American Academy of Physician Associates
- American Association of clinical Endocrinologists
- American Association of Nurse Practitioners
- Community Pharmacy Enhances Services Network
- The Endocrine Society

Other Health Care/Public Health Organizations

- American Public Health Association
- Illinois Department of Public Health
- Kentucky Department for Public Health
- National Association of Chronic Disease Directors
- National Association of Community Health Centers
- National Association of Health Services Executives
- North Carolina Department of Health and Human Services
- The Audiology Project
- University of Maryland Capital Region Medical Center



North Carolina Diabetes Advisory Council

CDC Diabetes Management Collaborative (DMC)

DMC Key Milestone & Achievements: June 2024 – August 2025

- June 2024: Two day forum in Chicago. NC is one of three states invited to join DMC.
- August and September 2024: Reviewed and finalized mission, vision, values, and guiding principles.
- October 2024: Member Meeting - Established 5 initial workgroups
 - Big Ideas & Disruptive Approaches; Government Agencies; Operations; Priorities for Action; Vision and Values
- November 2024 to March 2025: Monthly workgroup meetings - developed proposals, generated potential "big ideas," gathered information, and evaluated over 100 priorities
- April 2025: Member Meeting - Adopted operational guidelines and 4 initial priorities for action
 - Eliminate/expand referral requirement; Ensure all PWD and those at risk are covered; Increase awareness of DSMES, Lower barriers to telehealth

CDC Diabetes Management Collaborative (DMC)

DMC Key Milestone & Achievements: June 2024 – August 2025

- May 2025: Steering Committee Meeting – Marked a transition from ideation to action
- July 2025: Member Meeting – Legislation briefing, voted to continue exploring diabetes management hub website idea, provided feedback on DMC, and created 6 new workgroups
 - DSMES Awareness Campaign; DSMES Referral Requirements; Hub Website; Insurance Coverage; Policy Agenda; Telehealth Access to DSMES



North Carolina Diabetes Advisory Council

Diabetes Prevention Program (DPP) Updates

Meg Sargent

Diabetes Prevention Program Coordinator
NC Department of Health and Human Services

DPP in NC

- 66 CDC recognized DPP programs in NC
- Decrease of DPPs in NC in recent years due to lack of funding
- Current pathways to payment/reimbursement:
 - Medicare (must be approved as a Medicare DPP site)
 - Managed Care Organizations: WellCare and UnitedHealth
 - Self-pay (often with sliding fee schedule)
- Action steps:
 - Convening of DPP coordinators statewide to discuss feasible/reasonable reimbursement strategies

CHWs in Diabetes Prevention and Management

A community health worker (CHW) is a frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served.

CHWs can help with:

- Care coordination (SDOH screenings, referrals, navigators, follow-up care)
- Health education (Cultural competence, promoting healthy behaviors, health literacy gaps)
- Data collection and community assessments (needs assessments, research, community feedback)



Email Meg Sargent at Meg.Sargent@dhhs.nc.gov
if you want to learn more about/work with CHWs

NC CHW Employer
Survey

NC Diabetes Prevention and Management Pharmacy Collaborative

Who: Anyone in the pharmacy field who is interested in diabetes prevention and management work

When: Wednesday, January 7, 2026 at 10:00 AM



Sign up here to receive
monthly DPP updates
including updates/registration
information about the
pharmacy collaborative



Hugh Young Diabetes Care and Education Specialist Scholarship



Lisa Duffy, BSN, RN

John Bowdish Community Award



Sue B. Liverman, RN, CDCES

Health Care Provider Award



Community Care Clinic of Franklin

Meeting Wrap-Up & Action Items

- CEU Attendance Sheet and Duke Portal Registration
 - Pharmacists need to claim their credits within 60 days
 - Duke Portal registration is due by October 10, 2025.





North Carolina Diabetes Advisory Council

Upcoming DAC Meetings

Friday, February 27, 2026

In-Person at The McKimmon Center for Extension and Continuing Education
1101 Gorman Street, Raleigh, NC 27606

Virtual Option Available

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